

ALBERTA BICYCLE ASSOCIATION – PROVINCIAL RACING REGULATIONS

(Version as of May 2025)

5. CYCLO-CROSS REGULATIONS

5.1 Cyclo-cross categories – Alberta Cup

The categories described in the table below will be recognized at Alberta Cup events. Riders begin competing in the Alberta Cup Cyclo-cross category corresponding to their respective Road or Mountain Bike XC category, whichever is higher.

Alberta Cup – Cyclo-Cross Categories

Category	Corresponding ABA MTB-XC and Road Category	Race Duration
Novice Men	Mountain Bike: U15, U17, Novice, Master 50+, Sport Road: U15, U17, Master 50+; Categories 4, 5	35 minutes
Sport Men	Mountain Bike: Sport, Expert Road: Categories 3, 4, and 5	Minimum 40 minutes
Expert Men	Mountain Bike: Expert, Elite Road: Categories 1/2, 3	50 minutes
Open Men	Mountain Bike: Open to all license-holders Road: Category Open to all license-holders	60 minutes
Sport Women	Mountain Bike: Novice, Sport, Expert Road: Categories 3, 4, and 5	35 minutes
Open Women	Mountain Bike: Elite, but open to all license-holders Road: Categories 1, 2, but open to all license-holders	Minimum 40 minutes

ALBERTA BICYCLE ASSOCIATION – PROVINCIAL RACING REGULATIONS

5.2 Alberta Cyclo-cross Cup

The Alberta Cyclo-cross Cup is a season-long series in which points are awarded to riders in Alberta Cup races. Points are awarded to 30th position in each category, per the table below:

PLACE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
POINTS	60	50	45	40	35	30	28	26	24	22	20	19	18	17	16
PLACE	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
POINTS	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

Alberta Cup – Points updating

- 5.2.1 Alberta Cup points will be updated once per week, between Tuesday and Thursday. *(Call-up at a Sunday or Monday race will not reflect results from previous races held that same weekend.)*

Tie-breaking Procedure

- 5.2.2 Tie-breaking Procedure
Any ties occurring in the Alberta Cyclo-cross Cup standings will be broken by performance at the final race of the Series.

5.3 Cyclo-cross Upgrading

- a) For purposes of upgrading, riders may present Alberta Cyclo-cross Cup points only from placings among the top-six riders.
- b) Riders will be upgraded by either earning 15 points or 2 wins
- c) Point allotment will be dependent up on number of racers in a category

0-4 racers- Winner Only – 1 point

5-15 racers- top 3 – points= 3,2,1

16-24 racers- top 4- points= 4,3,2,1

25-40 racers- top 5- points= 5,4,3,2,1

40+ racers- top 6- points= 7,5,4,3,2,1

Master riders

- 5.3.1 Master riders retain the option of declining an upgrade provided they have not earned such upgrade over the course of one season. Upgraded Master riders aged 35 or greater may revert to their previous category the following season.

Youth and Junior Women

- 5.3.2 Junior-aged riders may upgrade to Open Women based on results earned per 5.3-d. Riders of Youth-age and younger, however, will not be upgraded to the Open Women

category based on points. Rather, such athletes will be upgraded at the discretion of the Racing Committee.

Youth and Junior Men

- 5.3.3** Junior-aged riders and those younger may upgrade to Expert based on points earned per 5.3-c. Youth riders will not, however, be upgraded to the Open Men category based on points. Rather, such athletes will be upgraded at the discretion of the Racing Committee.

Non-transferability of upgrades

- 5.3.4** Once a rider has begun racing in a Cyclo-cross category, they may only upgrade based on Cyclo-cross results regardless of upgrades in Road or MTB categories.

Out-of-Province results

- 5.3.5** Riders may submit, for upgrading purposes, no more than two results from out-of-province races provided such races are sanctioned at a Provincial Cup level. Points will be awarded per ABA Schedule B (ABA General Regulations - 1.5.2).

5.4 Equipment

Bicycles – Alberta Cup

- 5.4.1** Cyclo-cross bicycles must be used in the following categories: Sport Men, Expert Men, Open Men, and Open Women. The use of mountain bikes is permitted in other categories.

5.5 Racing Procedures

Call-Up – Alberta Cup

- 5.5.1** All riders in all categories will be called-up.

Riders in Open Men and Open Women categories will be called-up:

- 1) by greatest number of current UCI points;
- 2) by greatest number of current Alberta Cup points;
- 3) at random.

Riders in Novice, Sport, and Expert categories will be called-up:

- 1) by greatest number of current Alberta Cup points;
- 2) at random.

Multi-category races

- 5.5.2** The following categories may compete on a course at the same time, provided the total number of riders on course does not exceed 60 participants (~~combined~~ category races ~~should~~ take place on courses longer than 2500 metres) ~~or 50 (courses between 2000 metres and 2499 metres)~~

ALBERTA BICYCLE ASSOCIATION – PROVINCIAL RACING REGULATIONS

~~Novice Men and Sport Men~~

Sport Men and Expert Men,

Expert Men and Open Men

Sport Women and Open Women

In instances of multi-category races, the Chief Commissaire will determine the start-gap between the two categories.

5.6 Course

To the greatest extent possible, courses used for Alberta Cup events must conform to UCI Regulations. Any deviations from UCI requirements must be approved by the Chief Commissaire and/or Technical Delegate.

Course Length

5.6.1 Alberta Cup races may not be held on circuits of less than 2000 metres.

5.7 Provincial Cyclo-cross Championships

Categories – Provincial Cyclo-cross Championships

5.7.1 Medals will be awarded in categories described in the table below at the Provincial Cyclo-cross Championships.

Category	Race Duration
U17 Men	Minimum 40 minutes
U17 Women	Minimum 40 minutes
Junior Men	Minimum 40 minutes
Junior Women	Minimum 40 minutes
Open Men	60 minutes
Open Women	Minimum 40 minutes
Master Men 35 - 44	50 minutes
Master Women 35 - 44	Minimum 40 minutes
Master Men 45 - 54	50 minutes
Master Women 45+	Minimum 40 minutes
Master Men 55 - 64	Minimum 40 minutes
Master Men 65+	Minimum 40 minutes

Note: UCI Regulations for Cyclo-cross place riders in their respective category for the

following year, as the international Cyclo-cross calendar comprises two calendar years.

Call-Up – Provincial Cyclo-cross Championships

5.7.2 All riders in all categories at Provincial Cyclo-cross Championships will be called-up. Call-up will be based on, in descending order of priority:

- a) Current UCI points (applies to Open Men and Open Women only)
- b) Same-category result from previous year's Alberta Provincial Championship
- c) Current Alberta Cup points in Open Men or Open Women category
- d) Current Alberta Cup points in Expert Men category
- e) Current Alberta Cup points in Sport Men or Sport Women category
- f) Date of registration (earliest to latest)

5.7.3 Course

To the greatest extent possible, courses used for the Alberta Provincial Cyclo-cross Championship must conform to UCI Regulations. Any deviations from UCI requirements must be approved by the Chief Commissaire and/or Technical Delegate.

Course Length

5.7.4 The Alberta Provincial Cyclo-cross Championship must be held on a course meeting the UCI circuit length requirement of 2500 metres to 3500 metres.

Equipment

5.7.5 Cyclo-cross bicycles only must be used in all Provincial Championship categories other than U17 Men and U17 Women.