
ALBERTA BICYCLE ASSOCIATION – PROVINCIAL REGULATIONS

SECTION 3 – TRACK REGULATIONS

(Version as of Aug 2021)

3.1 Track Categories

The following categories may be offered at non-Championship Alberta Cup Track events:

- A- Men Category 1 / 2 / 3
- B- Men Category 4 / Women 1/2/3
- C- Men Category 5 / Women 3/4/5
- Para-cycling Men C1-C5
- Para-cycling Women C1-C5
- Tandem Men
- Tandem Women

3.2 Track Events

The following is a non-exclusive list of races which can be offered (individually or as part of an Omnium) at non-Championship and Alberta Cup Track events:

Power Events - Match Sprint, 500m/Kilometre Time Trial, Keirin, Team Sprint (**may have any gender composition**), Win-and-Out.

Endurance Events - Individual Pursuit, Scratch Race, Points Race, Madison, Team Pursuit, Elimination Race, Tempo Race.

3.3 Omnium

The following is a non-exclusive list of omnium events which can be offered at non-Championship Alberta Cup Track events:

UCI Omnium (single day)

Scratch Race, Elimination Race, Tempo Race, Points Race

UCI Omnium: A full result shall be produced for the first three events. For these three events only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point. Prior to the start of the Points Race, a current ranking with the points totals shall be drawn up, and riders will start the Points Race with these points accrued over the first three events. Riders shall add to, and lose points from, their points totals based on laps gained and lost, and points won in sprints, during the Points Race. Final overall Omnium ranking shall evolve through the Points Race. The winner of the Omnium shall be the rider who has obtained the highest total of points.

Olympic Omnium

- Day 1 - Scratch, Pursuit, Elimination
- Day 2 - Kilo/500, Flying Lap, Points Race

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Olympic Omnium: A full result shall be produced for the first five events. For these five events only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point. Prior to the start of the Points Race, a current ranking with the points totals shall be drawn up, and riders will start the Points Race with these points accrued over the first five events. Riders shall add to, and lose points from, their points totals based on laps gained and lost, and points won in sprints, during the Points Race. Final overall Omnium ranking shall evolve through the Points Race. The winner of the Omnium shall be the rider who has obtained the highest total of points.

3.4 Para-athlete Integration

Para athletes may compete in the ABA ability category in which they qualify. Para athletes may compete in bunch races, except for tandem racers. Tandem racers may only compete in time trial type events (including Australian Pursuit, Team Pursuit and Team Sprint).

3.5 Provincial Track Championships

As a minimum, Organizers are required to host the following medal categories at the Open Provincial Track Championships:

- Open/Elite Women
- Open/Elite Men
- Master Men 35-44
- Master Men 45+
- Master Women 35-44
- Master Women 45+

Additional Masters categories are permissible and Youth Provincial Championships may be held concurrently with the Elite/Master Provincial Championships, per Section 3.7.

Any additional Masters category must be offered for both racing gender categories

Track Events

The following is a list of races which can be offered individually at Alberta Championship:

Sprint Events

- Match Sprint
- 500m/Kilometre Time Trial
- Keirin
- Team Sprint

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Endurance Events

Individual Pursuit
Scratch Race
Points Race
Elimination Race
Madison
Team Pursuit

3.6 Provincial Medals & Jersey Awards

Medals will be awarded to all Alberta Championship categories in the following manner:

- Gold, Silver and Bronze: when there is a minimum of four (4) riders who started in a designated category.
- Gold and Silver: when there is a minimum of three (3) riders who started in a designated category.
- Gold: when there are fewer than two (2) riders who started in a designated category. The winner must complete the event to receive the Gold.
- An Alberta Champion jersey will only be awarded to Elite categories providing the category meets the minimum requirement of five (5) starters.

3.7 Youth Provincial Championship Track Meet

a) Organizers are required to host the following medal categories at the Youth Provincial Championship Track Meet:

U15 Men	U15 Women
U17 Men	U17 Women
Junior Men	Junior Women

Categories may be combined for racing purposes at the discretion of the chief commissaire. Medals however will be awarded to riders in each of the above categories where applicable under the rule 3.6. Youth Provincial Championships may be held concurrently with the Elite/Master Provincial Championships

Track Events

The following is a list of races which can be offered individually at Alberta Championships:

Sprint Events

Match Sprint
500 m/Kilometre Time Trial
Keirin
Team Sprint

Endurance Events

Individual Pursuit

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Scratch Race
 Points Race
 Madison
 Team Pursuit,
 Elimination Race

3.8 Para Provincial Track Championships

a) Organizers are required to host the following medal categories at the Para Provincial Championship Track Meet:

Tandem Men	Tandem Women
Men C1-C3	Women C1-C5
Men C4-C5	

Categories may be combined for racing purposes. Medals, however, will be awarded to riders in each of the above categories where applicable under the rule 3.6. Para Provincial Championships may be held concurrently with the Youth or Elite/Master Provincial Championships.

Tandem Events:

Individual Pursuit,
 Kilo Time Trial

C1-C3 Events:

Individual Pursuit,
 Kilo/500 Time Trial
 Scratch Race

C4-C5 Events:

Individual Pursuit,
 Kilo/500 Time Trial
 Scratch Race

3.9 Provincial Track Championship Distances

	Flying 200	Match Sprint	Keirin	Individual Pursuit	Scratch Race	Kilo/ 500M TT	Points
Elite Men	Yes	Yes	Yes	4000M	7 km	Kilo	25 km
Men Masters 30-39	Yes	Yes	Yes	3000 M	5 km	Kilo	20 km

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Men Masters 40+	Yes	Yes	Yes	3000 M	5 km	500 M	20 km
Men Tandem				4000M		Kilo	
Men C1-C3				3000M		Kilo	8 km
Men C4 -C5				4000M		Kilo	8 km
Junior Men	Yes	Yes	Yes	3000M	7 km	Kilo	16 km
U17 Men	Yes	Yes	Yes	2000 M	3 km	500 M	12 km
U15 Men	Yes	Yes		2000 M	3 km	500 M	8 km
Elite Women	Yes	Yes	Yes	3000M	7 km	500 M	16 km
Women Masters	Yes	Yes	Yes	2000M	3 km	500M	10 km
Women Tandem				3000M		Kilo	
Women C1-C5				3000M		500M	8 km
Junior Women	Yes	Yes	Yes	2000M	5 km	500 M	10 km
U17 Women	Yes	Yes		2000 M	3 km	500 M	10 km
U15 Women	Yes	Yes		2000 M	3 km	500 M	8 km

3.10 Equipment

For all Provincial Track events, the following maximum rollout distances shall apply:

Youth Category Gear Restrictions		
Category	Track Racing	Gearing Suggestion
Juniors	No restriction	N/A
U17	7.12 m rollout	50*15
U15	6.71 m rollout	50*16/38*12
U13	6.2 m rollout	46*16/38*13

*If a rider has received a dispensation to compete against riders of an older category, then the rider shall be permitted to utilize the gearing applicable to that older category.

** Recommended for Juniors (track only) –unless specific rule in event technical guide

TRACK CYCLING –EQUIPMENT

- Disc wheels will not be allowed for youth categories (U17/U15/U13) (maximum rim depth 40 mm)
- Carbon wheels will not be allowed for youth categories (U17/U15/13)

3.11 Alberta Cup

The Alberta Cup recognizes participation and excellence in ABA-sanctioned provincial track racing.

1. Categories

The following are Alberta Cup recognized categories (and their road category equivalent):

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A – Men Cat 1, 2, 3

B – Men Cat 4, Women Cat 1/2/3

C – Men Cat 5, Women Cat 3/4/5

2. Points Tabulation

The Alberta Cup is calculated according to a rider's total number of Omnium points accumulated at provincially-sanctioned Track Meets through the season.

3. Track Points Schedule:

Place	Competitors						
	7+	6	5	4	3	2	1
1	10	7	6	4	3	2	1
2	7	5	4	2	1		
3	5	3	2	1			
4	3	2	1				
5	2	1					
6	1						

The points schedule is based on a minimum of 7 riders per race. Six or fewer racers lead to an elimination of points as shown above.

4. Tie-breaking procedure

Any ties occurring in the Alberta Cup shall be broken by performance in the final event of the Series. Further ties shall be broken in the following manner:

1. Number of first place finishes. If still tied;
2. Number of second place finishes. If still tied;
3. Number of third place finishes. If still tied;
4. Number of fourth place finishes. If still tied;
5. Number of fifth place finishes. If still tied;
6. Result versus tied opponent in the final event in which both riders competed.

3.12 Alberta Cup Team Standings

Team standings will be maintained for the Alberta Cup for Track. In all instances, the Team Standings will be calculated according to the combined points of a team's top 3 riders in each category.

Team Time Trial Events will award points in the Team Standings only, and not to individuals. The team, regardless of size, will receive points as per the point schedules outlined in 3.5.3.

3.13 Track Upgrading

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Track riders are upgraded according to the number of Alberta Cup points gained over the course of two seasons. Details are as follows:

1. Riders in Category C are upgraded upon accumulating 50 Alberta Cup points.
2. Riders in Category B are upgraded upon accumulating 60 Alberta Cup points.
3. The Racing Committee may, at its discretion, automatically include out-of-province races for upgrading purposes. The inclusion of such races for upgrading points will be noted on the ABA calendar.
4. Riders may, upon request, claim points earned in out-of-province races for upgrading purposes. A maximum of 20 out-of-province points may be claimed for any one upgrade. The validity of points earned in out-of-province races, and the integration of those points into the Alberta Cup points schedule, will be determined solely by the Racing Committee.
5. Master riders may decline an upgrade to a higher category, provided they have not accumulated the requisite number of points over the course of one season, in which case they are obliged to upgrade.
6. A rider wishing to compete in a category other than the category listed on his/her license must obtain written permission from the Racing Committee.
7. Riders who wish a category upgrade but lack sufficient points, or wish to downgrade, may apply in writing to the Racing Committee. Such decisions will be at the sole discretion of the Committee.
8. Upgrading points may neither be transferred from one discipline to another, nor may they be carried from one category to another within a discipline.
9. **Category 1 Upgrade (Track)**
Track riders, having met one of the following criteria, will be eligible for a Category 1 license:
 - Won the title of National Track Champion in any event
 - Gained selection to the Canadian National Track Team