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Mountain Bike Nationals Selection Document

Location: Langford, B.C.

Project Dates: July 14-20, 2026

Transport: We plan to drive to the races as a team

Race Dates: July 16-19, 2026

Team Size

The desired team size will be 4 female and 4 male athletes. The ABA reserves the right to vary the team size of the project based on interest level, athlete performance level and logistical considerations.

Selection Date

Notification of selection to the team will be made on June 17th, 2026. Mandatory team meeting will be June 22 at 17:00.

Eligibility

To be eligible for selection to the event athletes must:

- Possess a current ABA license.
- Be born between 2008 and 2011 inclusive (ages 15-18 in 2026).
- Fill in the expression of interest found at [this link](#) before May 15. (<https://forms.gle/H4nHL4SAAH23bwGo6>)
- Upload videos of the following 4 skills to <https://forms.gle/BEF66kJhUcQMzfPi9>. It can be 1 video with all the skills or separate videos. Maximum video size is 10 MB.
 - Front Wheel Lift
 - Rear Wheel Lift
 - Controlled steep descent on loose (ie: gravel) terrain
 - Cornering on dirt at speed



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Selection Criteria

Athletes will be selected to the team objectively by both points, as well as subjectively by committee selection. Selection will be made in the following priority:

Men and Women

- Priority 1: First U19 Expert in Points
- Priority 2: First U17 Expert in Points
- Priority 3: Committee selections

Selection by Points

Points will be earned at the Slither XCO Race and both Canmore Canada Cup XCO races. Points will not be awarded in the Provincial Cup categories in Canmore. Points will be awarded in the Expert categories (U17 and U19/Junior), as indicated in Table 1 below. The ABA will issue a Temporary License Upgrade for the Qualifying Races provided you have completed the 2026 EOI.

Points will only be awarded to U19/Junior and U17 racers in the category, so if a Junior racer is 12th overall in the combined category, but the second placed athlete born between 2007 and 2010 they will receive 18 points. Points earned in the season can be viewed [at this link](#).

Table 1: Points allocated per finishing result

Place	Points
1	20
2	18
3	16
4	14
5	12
6	10

Selection by Committee

The committee will consider riders' participation in the Qualifying Races, mechanical mishaps, as well as skillset, performance displayed during the races, and overall commitment to Team Alberta.

Athlete Appeal Process



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The ABA has a policy document in place that includes a specific procedure for handling an appeal from a Coach or Athlete. This document is available on the ABA website.

Services

The Alberta Bicycle Association will provide 2 staff, ground transportation, and accommodation.

Project Fees

There will be a project fee covering the services mentioned above. Athletes are also responsible for their food and race registration.