



Presents

Blow Street SuperCross – the Sequel

Saturday, October 17th

Blakiston Park

4122 Brentwood Road NW, Calgary

Sanctioned by:



COURSE:

The 2.2km course, snaking through Blakiston Park (directly behind the Calgary Co-op at 4122 Brentwood Road NW, Calgary), will test the top-end fitness and absolute power levels of racers. The course is relatively flat and will feature many long fast straight-aways and a moderate amount of pavement. You can pretty much guarantee a fast, tactical race – especially if it is windy. Gentle hills laced with trees in the south end of the park will add some short challenging climbs and some fun twisty bits to make things very interesting. Spectators are welcome to cheer on competitors, and will enjoy the view the course offers. Please remind your fans to be vigilant when they move about the course.

PARKING

Parking for the 2009 event will have to be on-street only on Blakiston Drive that is adjacent the course to the North and East – or you can simply park on Blow Street to the East if you can find it.

REGISTRATION AND SIGN-ON

Registration: Karelo

Sign-on: race day sign-on opens at 9:00 am, Saturday October 17 and closes 30 min prior to your race in the Co-op Auditorium, inside the Co-op - downstairs

Race Fees: \$30

- All riders must have a valid UCI/CCA license or purchase a day-license at the event from the Technical Delegate for \$10.
- Riders are expected to know and understand the UCI [Cyclo-cross](#) rules.
- Please bring your race license, and **road racing** body numbers. If you do not have body numbers, the ABA will provide those for you on race day.
- Position one number **down the center of your back** (so you are almost sitting on it) or both body-numbers **down low on your back pockets** so they are clearly visible from anywhere behind.
- New 'cross riders will compete in the Cyclo-cross category corresponding to their respective Road or Mountain Bike category, whichever is higher:

Road Category	MTB Category	Cyclo-cross Category
Cat 4 and 5	XC MTB Beginner / Sport	Sport Men
Cat 3	XC MTB Expert	Expert Men
Women A/B	All XC Categories	Open Women
Cat 1 / 2	XC MTB Elite	Elite Men

- Prizes will be awarded to the top three finishers in each category.

BIKES AND EQUIPMENT

Cyclo-cross bicycles must be used in the Expert and Open Men categories; mountain bikes are permitted in the categories of Sport Men and Women.

“Courtesy Notes” for the Race Venue:

Please:

- Enter through the front doors of the main Co-op building to gain access to the Auditorium.
- No cycling shoes to be worn in the building. No Bikes in the building either.
- Respect the park by not littering or urinating in public (washrooms are available in the auditorium and porta-potties will be provided in the park).

MECHANICAL / FEED ZONE

This is 'cross so NO feed Zone. Details as to the location of the Mechanical Zone will be available on race day, on site. Please be sure to label your gear, and remember to collect it after racing.

START TIMES AND RACE DURATION

CATEGORY	START TIME	RACE DURATION
Sport Men	11:00 am	40 min
Expert Men	12:00 noon	50 min
Women	1:15 pm	40 min
Open Men	2:15 pm	60 min

The ABA and the organizer may shorten races and/or alter the course dependent on weather, time delays and combine categories if necessary. Please: know your start time.

COURSE PRE-RIDING

The course is open for training from 10:00am to 10:50 am and 10 min before each of the following races. The course will be closed during the races. Any rider on the course during another category's race will be fined. Opening the course between races will be at the discretion of the Chief Commissaire.

AWARDS

Awards will take place as soon as results are tabulated after the last race.

FOOD

Coffee and muffins will be provided outside near the staging area under the tents.

DIRECTIONS

The Course is best accessed from Crowchild Trail NW Calgary. From Crowchild Trail head east (actually NE) on Brisebois Dr., At the first intersection turn (south) down Brentwood Road and park on Blakiston Dr. In the map below the red star marks the approximate start of the race in the small green space that is Blakiston Park.

