

2010

**Alberta Bicycle Association
Youth and Paralympic Provincial
Road and Track Championships
September 4 – 6
Calgary and Madden, Alberta**



Calgary Cycle/TOP GEAR, in association with the **Calgary Bicycle Track League** and the **Alberta Bicycle Association**, is pleased to present the 2010 Alberta Youth and Paralympic Road and Track Cycling Championships, September 4th through 6th in Calgary and Madden Alberta.

The event will feature an omnium-style track competition, an Individual Time Trial, and a Road Race. This event is intended to offer age-appropriate competitions for riders new to the sport – we hope you come out and enjoy the racing!

EVENTS

Saturday, September 4th	UCI-style Track Omnium	Glenmore Velodrome
Sunday, September 5th	Individual Time Trial	Madden, AB
Monday, September 6th	Road Race	Madden, AB

CATEGORIES

Male – U15, U17, Junior

Female – U15, U17, Junior

Paralympic Women

Paralympic Men

*categories will be combined, at the discretion of the Chief Commissaire, for mass-start races

REGISTRATION

Online pre-registration only will be offered, closing Friday, September 3rd (track) and Saturday, September 4th (road). Register via Zone4 at the following link:

<http://www.zone4.ca/onlinereg.asp?ID=3099>

Entry fees: Track - \$30 Time Trial - \$25 Road Race - \$30

All-three discount price - \$75

Riders must hold a UCI-license, issued by the ABA or other governing body. Late-season discount licenses are now available for young Alberta riders, at a cost of \$45. Please visit www.albertabicycle.ab.ca for details.

SATURDAY, September 4th**TRACK**

Where: Glenmore Velodrome, 50th Ave. S.W., Calgary

When: Sign-on at 9am, track opens at 9am, racing starts at 10am.

Youth participants will compete in an Omnium-style event with the following races:

Flying 200 metre	All	
Scratch race	U17, Junior males	10 laps
	U13, U15 males	8 laps
	All females	8 laps
Kilo/500	U17, Junior Males	Kilometre TT
	15 males, all females	500m TT
Points Race	U17, Junior males	20 laps, sprint every 5 laps
	U13, 15 males, all females	16 laps, sprint every 4 laps

Paralympic competitors will be offered the following races:

Flying 200	Tandem Men and Women only
Kilometer Time Trial	Tandem Men and Women, Bicycle Categories C1-C5
3000M Pursuit	Women's Tandem, C1-C2-C3
4000M Pursuit	Tandem Men, and C4-C5

Racing Starts at 10:00 am	Flying 200m	(youth and paralympic)
	Scratch Races	(youth only)
	Kilo/500m Time Trials	(youth and paralympic)
	Points Races	(youth only)
	Pursuits	(paralympic only)

Omnium Points will be awarded according to placing: 1st place = 1 point, etc. Lowest number of total points determines rank.

SUNDAY, September 5

INDIVIDUAL TIME TRIAL

Where: Madden Community Hall, Madden Alberta

When: Sign-on starts at 10:00 am, racing starts at 11:00 am

The course: 10 KM for U13, U15, Paralympic

20 KM for U17 and Junior

The 20 Kilometre course is a circuit, raced clockwise, as follows:

- West and North-west on TWP 290, 290A and RR 35A
- East on TWP 292
- South on HWY 766

Finish located southbound on HWY 766, near the junction of TWP 290.

- Pavement quality is variable – there are rough sections
- The NE corner of the course (turn 2) has a downhill entry – please be cautious

A start list will be posted at <http://www.zone4.ca> the evening prior to the race

MONDAY, September 6

ROAD RACE

Where: Madden Community Hall, Madden Alberta

When: Sign-on starts at 10:00 am, racing starts at 11:00 am

The course: The race will be held on a 23 kilometre circuit, similar to the TT circuit.
The circuit is as follows:

- Start at the corner of TWP 290 and RR 30
- West on TWP 290, 290A
- East on TWP 292
- South on RR 30

Distances: U15 Men, U15 Women, U17 Women – 51 KM (2.25 laps)

U17 Men, Junior Women – 74 KM (3.25 laps)

Junior Men – 74 KM (3.25 laps)

Paralympic – 28 – 74 KM

Feed Zone: Located on TWP RD 290, approximately 4 km west of RR 30. The feed zone will be indicated by signs. Feeding is permitted on the second and third laps.

ROAD COURSE MAPS

Road Race Route is highlighted in yellow

Time Trial Route follows the same course, but uses RR 31/HWY 776 for the south-bound leg

