

Central Alberta Bicycle Club

Presents

2010 River Bend Cross Madness



November 6th, 2010

River Bend Golf Course, Red Deer



Course: This is a really great pure Cyclocross course. This year's course is new. A 2.km course with a 40ft sand section, grass, and a run up that offers a true test of Cyclocross skill.

Directions: From Highway 2

[Google Map](#)

- 1.) Take the 67 Street Overpass going East.
- 2.) Stay on 67 Street, as you go over the Red Deer River Bridge.
- 3.) Take a left at the first set of lights.
- 4.) Follow the road until you see the River Bend Sign.
- 5.) Turn Left, follow the road down the hill to the parking lot.

Staging will start at the south end of that parking lot at the big tent.

Parking: there is ample parking in front of the club house.

Amenities: the club house will be open for washrooms, and the concession will be open for drinks and food.

Registration and Sign-On:

Please use www.karelo.com - No race day registration will be available!

Please sign on prior to the start of your race in the club house

Sign-on opens at 9:30 am and closes 30 minutes prior to your race

Race Fees: \$30

- All riders must have a valid UCI/CCA license. Riders who have are general members may purchase a day license for \$10 from the Technical Delegate.
- Riders are expected to know and understand the UCI [Cyclo-cross](#) rules.
- Please bring your race license, and **road racing** body numbers. If you do not have body numbers, the ABA will provide those for you on race day. Failure to bring your license will result in a \$10 fine.
- Position body-numbers **on your right hip and mid-back (sideways)** so they are clearly visible from anywhere behind. If you are wearing a Skinsuit, one number **down the right side of your back** is acceptable as long as it is clearly visible from behind.
- New 'cross riders will compete in the Cyclo-cross category corresponding to their respective Road or Mountain Bike category, whichever is higher:

Road / MTB category

Cat 4 and 5 / Beginner and Sport:
Cat 3 / Expert:
All Women's Categories:
Cat 1 and 2 / Elite:

Cyclo-cross Category:

Sport Men
Expert Men
Open Women
Elite Men

- Prizes will be awarded to the top three finishers in each category.

Bikes and Equipment:

Cyclo-cross bicycles must be used in the Expert and Elite Men categories; mountain bikes are permitted in the categories of Sport Men and Women.

MECHANICAL / FEED ZONE

This is 'cross in November so don't expect a Feed Zone. A pit area and/ or warm up tent will be available to racers near the start finish area. Please be sure to label your gear, and remember to collect it after racing.

Start Times:

Sport Men:	11 am	40 min
Open Women:	12 noon	40 min
Expert Men:	1 pm	50 min
Open Men:	2:15 pm	60 min

Prizes (\$\$Cash\$\$) will be awarded in accordance with ABA policy after each race based on entry so if you finish top 3 stick around to claim your hard-earned dough.

COURSE PRE-RIDING

The course is open for training from 10:00am to 10:50 am. The course will be closed during the races. **Any rider on the course during another category's race will be fined.** Opening the course between races will be at the discretion of the Chief Commissaire.

Riders will be fined for the following:

- **Failure to wear a helmet while riding (pre/during/post race).**
- **Crossing the finish line twice.**
- **Racing in non club / team issue kit.**

Race Organizer:

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