

# Drie Zussen Superprestige CX I & II *presented by RMCC & Bicisport*

September 16-17<sup>th</sup>, 2017



photo credit: Dale Firth Photography (used with permission)

# Drie Zussen Superprestige CX I & II

*presented by RMCC & Bicisport*

Race Organizers: James Kendal (403) 688-1028  
treasurer@rundlemountaincyclingclub.com

Simon Hirota (403) 481-8521  
hirotasa@gmail.com

Operations Race Director Brad Dixon  
dixonb71@hotmail.com

Brent Topilko  
btopilko@gmail.com

## September 16-17<sup>th</sup>, 2017

<https://zone4.ca/register.asp?id=16081>



**INTRODUCTION:** RMCC and Bicisport have teamed up in 2017 to host two days of racing in Canmore under RMCC's banner cyclocross event - the Drie Zussen Superprestige CX. This course is an exceptional opportunity for friends, family & fans, to check-out CX or try your first CX race; likely to create a lasting addiction

*Last Updated: Sept. 7 2017*

*This event is sanctioned by the  
Alberta Bicycle Association*



### **DRIE ZUSSEN SUPERPRESTIGE CX COURSE:**

<https://www.strava.com/activities/396806063/segments/9512015463>

Located at the scenic Three Sisters Disc Golf Course, just east of Canmore at the intersection of Riva Heights & Three Sisters Blvd, the ~2.5 km course is rolling, smooth and fast with ~45 m elevation gain per lap and plenty of twists, turns and banked corners.



**REGISTRATION:** ZONE4.ca (PRE-REGISTRATION ONLY) <https://zone4.ca/XXXXX>

Online registration closes 11:59pm, September 14<sup>th</sup> 2017. Unless the race is cancelled, NO REFUNDS.

#### **RACE ENTRY FEES:**

- \$70: ADULT for both days before Sept. 13<sup>th</sup> (ABA/UCI licensed)
- \$40: ADULT for one day before Sept. 13<sup>th</sup> (ABA/UCI licensed)
- after Sept. 13<sup>th</sup> \$45 per race (ABA/UCI licensed)
- \$25: YOUTH (ABA/UCI licensed, U17 or younger)

#### **SINGLE EVENT LICENSE (SEL): \$10**

To satiate your Cyclocross curiosity and encourage participants, \$10 ABA Single Event Licenses may be purchased online. SEL racers are restricted to racing Novice Men or Sport Women categories. They may race on Mountain Bikes.

**RACE CATEGORIES & EVENT SCHEDULE (NOTE the differences between day 1 and day 2):**

- Single Event License racers may ONLY compete in the Novice Men and Women Sport Race(s).
- **Licensed Racer Conversions:** You are able to downgrade from your Road/MTB license to one CX Category Lower. For Example:  
     Cat 3 Road/MTB Expert > Sport CX  
     Cat 1/2 Road/MTB Elite > Expert Men
- Regardless of categories, the field limit for each event is 60 racers
- **Call-Up Staging = 10 minutes prior to start time, tire width may be measured during Call-Up in Sport Men, Expert Men, Open Women, and Open Men. Please be on time if you want your start spot.**

**RACE SCHEDULE – Saturday Sept. 16, 2017:**

<b>8:30am</b>	Sign-on begins	<b>Mins</b>
<b>8:30-9:15am</b>	Course open for pre-riding	45
<b>9:30am</b>	Sport Women	40
<b>10:30am</b>	Novice Men	40
<b>11:20am</b>	Kid's race	40
<b>12:00-12:40pm</b>	Course open for pre-riding	40
<b>12:50pm</b>	Open Women	40
<b>1:50pm</b>	Sport Men	40
<b>3:00pm</b>	Expert Men	50
<b>4:00pm</b>	Open Men	60

**RACE SCHEDULE – Sunday Sept. 17, 2017:**

<b>8:30am</b>	Sign-on begins	<b>Mins</b>
<b>8:30-9:15am</b>	Course open for pre-riding	45
<b>9:30am</b>	Expert Men	50
<b>10:30am</b>	Sport Women	40
<b>11:30am</b>	Open Men	60
<b>12:45-1:15pm</b>	Course open for pre-riding	30
<b>1:20pm</b>	Open Women	40
<b>2:20pm</b>	Novice Men	40
<b>3:20pm</b>	Sport Men	40

**TEAR DOWN & CLEAN UP -HELP NEEDED!**  
*Any time you can provide will be greatly appreciated*



**LICENSE CHECK:** Available until 15 minutes prior to your start time. Failure to bring your license may result in a \$10 fine.

**RACE NUMBERS:** If you have not received your 2017 arm/body numbers, please allow ample time to retrieve them at License Check. Placement per figure.

**CALL UPS:** Staging is 10 minutes prior to your start time. Call-up as per ABA Cyclocross Regulation 5.6.1. which states the following: Eight riders per race will be called up at each Alberta Cup and Alberta Championship event. Call-up will be based upon current UCI standing followed by current Alberta Cup standing.



**PARKING:** For 2017, all participants must use the Our Lady of the Snows school parking to reduce the impact on the local neighborhoods.

**School Parking Lot: Our Lady of the Snows (OLS) Catholic Academy, 3100A Stewart Creek Drive**

**We do not want any parking on Three Sisters Boulevard. (this area is reserved for volunteers).** You can drop off tents and equipment prior to parking. Participants must park clear from private property and respect parking spaces allocated to residents or residents' visitors. Please obey Parking Marshals, and all local signage at all times (no parking, private property, speed limits, etc.) and be conscious to not park on private property, or park in manner blocking local resident sight lines. Gear/Equipment may be dropped (5 minute stops) in the Drop Zone, please keep the area uncongested and pack accordingly prior to arrival.

DO NOT PARK ON GRASS, ONLY ON PAVED SURFACES when street parking. Please be sure to obey local signage, or risk being towed. Please do not park along the west (race course) side of Three Sisters Boulevard as the race course runs along the edge (ditch) of this road.

**RESERVED TEAM AREA & PARKING:** Please contact James Kendal [jhkendal@gmail.com](mailto:jhkendal@gmail.com) (403) 688-1028 or Simon Hirota [hirotasa@gmail.com](mailto:hirotasa@gmail.com) (403) 481-8521 if your team intends to bring a 10 x 10 warm-up tent and team equipment (trainers, bike stands, etc.) There are dedicated, preferred parking locations (one per Team/Club) and space to allocate in the reserved Team Area (first come first serve basis). **All Event Tents must have leg weights to be erected in the Team Area on the west side of race HQ.**

**WASHROOMS:** two outhouses are located in the Drop Zone, by the kids' play-park, and an additional outhouse located at the intersection of the paved bike path and closed Riva Heights road, adjacent to the hole-shot/finish line. Please do not urinate in public, local residents will be watching and reporting incidents complicating future park permits.

**WATER:** This remote park location does not have a running water facility. Please be sure to bring the water you will need with you.

**RACE GUIDELINES & RULES:** Receiving permission to host racing events is challenging, requiring Permits, Insurance, Association Agreements and no end to the volunteer motivation and time. The ABA, RMCC, BiciSport and the race organizers are committed to providing a safe environment for all participants. It is therefore of the utmost importance that you adhere to the rules and regulations outlined herein. Please understand that your cooperation ensures not only your safety, but the safety of those racing with you and the likelihood of repeating and growing these events in the coming years.

If you are not already familiar with the UCI/ABA Cyclocross Rules, please do so prior to arrival. It is your responsibility to know and follow these:

- [UCI CX Regulations](#)
- Anti-doping: the ABA complies with and fully supports the UCI anti-doping regulations, the clauses of the World Anti-doping Code and its international Standards to which the UCI anti-doping regulations refer and to the anti-doping regulations of other competent bodies per the regulations of the UCI.
- CX bikes must be used in the following categories: Sport Men, Expert Men, Open Men and Open Women.

**GENERAL HIGHLIGHTS:**

- A helmet shall be worn whenever traveling on a bike.
- Whenever on-course, only move (ride/walk) in the race direction, exit the course to back-track and re-enter in the direction of the race. If you don't know the direction, please ask.
- During racing, do not enter the course or pit area, safe crossing zones are provided.
- Commissaires will inform riders if this is available.
- Please race with sportsmanlike etiquette and conduct. Racers being lapped shall graciously neutralize themselves to minimize interruption to the front of the race.

**RIDER CONDUCT:** Unsportsmanlike & unbecoming conduct will not be tolerated, including but not limited to public urination (there are multiple outhouses, in multiple locations), littering of anything, use of profane language and any verbal abuse whatsoever of officials, organizers, volunteers and local residents. Officials & Organizers retain the right to assess penalties, fines and/or disqualify riders from the race as deemed necessary. Your conduct will have an effect on the likelihood of successfully obtaining future race permits.

**WARM-UP & PRE-RIDING:** The Race Course area is surrounded by paved roads and multi-use paths and trails, which remain open to the public. When using these to warm-up, please respect regular traffic laws and anticipate the public walking dogs, hiking the trails, roller-skiing on the paved paths and other cyclists, including those leisurely riding with kids on run-bikes and tricycles. Please use the provided washroom facilities at all times.

The full course will be open for pre-riding at September 15<sup>th</sup> 5pm-7pm. Please respect these times to allow full course preparation and the arrival of First Aid attendants. Please attend the License Check, and wear your race numbers when on-course. There are additional small time gaps after each race and over the lunch break, but all pre-riding between races is subject to ABA Commissaire approval.

**MECHANICAL/PIT AREA:** Spare wheels/bikes/tools may be left in the Mechanical/Pit Area but NONE of the equipment in the pit is neutral, if it is not yours, do not touch it. Please label and collect all equipment after your race to make room for the next event.

**Emergency Plan:****Medical provided by: Aaron Paramedical Services****Primary Contact Person:** Saturday – James Kendal 403-688-1028 or Brad Dixon 403-609-1421

Sunday – Brent Topilko – 403-585-6681 or Simon Hirota 403-481-8521

**Name and address of nearest medical facility:**

Canmore Hospital, 7 kms from the Event  
1100 Hospital Place,  
Canmore, Alberta, T1W 1N2  
Tel. #: 403-678-5536

**Communication Plan:**

There will be 2 race radios available for medical personnel. Each medical person will also have a cell phone. If there is an incident on course, the medical team will be notified via race radio. In the rare occasion that radio communication fails (the course area is only 500m in length), cell phone communication will be used. Each course marshal will receive a list of phone numbers for race organizer and medical staff. Participants are informed to call 911 in the event of an Emergency.

**First Aid Location:**

A stationary First Aid attendant and a First Aid Station will be available at the Race HQ Gazebo, in the proximity of the kids' play-park. Medical Aid volunteers will be onsite from 8:00 am through event tear-down. If there is an on-course incident, the nearest course marshal will alert First Aid personnel via radio who can be quickly dispatched on the short course. If the incident is serious, 911 EMS will be called for packaging and evacuation.