

ALBERTA'S FIRST NIGHT CYCLOCROSS RACE

THE DARK KNIGHT CROSS



CANADA OLYMPIC PARK

- 3-6 PM SIGN-ON & PRE-RIDE
- 6 PM NEWBIES RACE
- 7 PM 2ND START - NOVICE, CITIZEN, YOUTH
- 7:05 PM SUNSET
- 8 PM 3RD START - OPEN B
- 9 PM 4TH START - OPEN A

MORE INFORMATION AT
WWW.CYCLEMEISTERS.COM

PLEASE REGISTER EARLY AT
WWW.ZONE4.CA

SPECTATORS ARE REQUIRED TO BE LOUD

SATURDAY OCTOBER 2ND, 2010

Cyclemeisters



CITIZENS
FOR CYCLOCROSS

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DARK KNIGHT TECHNICAL GUIDE



THE RACE:

The Dark Knight returns for 2010 to a new venue. Apparently the fine folks at the U of C thought that bike racing in the dark was dangerous and subversive so they kindly asked us to leave and never come back. Although the venue will change, the Dark Knight's craziness will live on at our new home at C.O.P. So come prepared to have some fun!!! Like last year this race will not be part of the ABA 'Cross Cup series (more on this latter) Field limits will be in effect for this race, ... **so sign-up early and don't be disappointed!!!**

DATE & LOCATION:

Saturday, October 2nd, Canada Olympic Park (C.O.P) (see attached map)

REGISTRATION:

Registration will be available on www.Zone4.ca until 9pm Friday, October 1st. There will be absolutely no race day registration ... sorry, but there will be no exceptions. Please note again that there will be field limits.

(So why no race day registration you ask? ... race day registration is a huge pain with the Zone4 registration/timing system. It makes the volunteer timing/ registration crew's life miserable if we are adding people in at the end, so please just sign up online and everyone's life will be better)

FEES:

\$40 for Senior racers, \$30 for U19's and anyone signing up in the Newbies Start. \$10 late fee to be added if you sign-up after 9pm, Thursday, September 30th. Again ... **please sign-up early on Zone4**

FIELD LIMITS:

We know there are a lot of you that are looking forward to this race but field limits will be in effect. 60 riders per start ... **so for the last time - sign up early!!!**



RACE FORMAT:

This is a mass start cyclocross race. You will start in a large group and race around a circuit for as many laps as the leader can do in your allotted time. You will not know how many laps you are doing until the race is 2 laps in and the commissaires give you a lap count based on the leader's average lap time. So if your race leader does the first 2 laps in an average of 6.5 mins then you should expect to do 6 laps (6 laps @ 6.5mins = 39mins = +/- 40mins) If by chance cyclocross is completely new to you then search Youtube for some videos ... plan to spend an evening

CITIZEN, UNLICENSED, & NEWBIE RACERS:

If you are a typical joe that has never even thought about having an ABA race license but you would still like to try this 'cross thing then we'll be happy to take your money. There will be an additional \$10 day license fee that we will charge, but other than that you're all good. The ABA will have a representative on site to confirm your registration and give you a number. So, just sign-up and pay on Zone4 and show up at the race by 3:00pm to fill in the rest of the details.

RESULTS:

Generating accurate results has been a real challenge with this race due to the number of racers and the fact that it's dark and you guys are having way too much fun to pay attention to the commissaires. By switching to Zone4's timing system we are hoping to provide fast and accurate results this year. But like last year we will only guarantee the placings of the top ten, and try very hard to get all the other placings correct. We will try to have finish times for everyone, but there will be no promises. So if for some reason your life will not be complete without knowing that you were 4mins 12secs out of first place then this race is not for you. If you're happy knowing that you finished in 26th place and you had a great time doing it then sign up ... you're our kind of racer.

PRIZES:

Cash and prizes will go 10 deep in each Category. Bow Cycle, Wild Rose Brewery, and Mountain View Roasterie will be providing some fantastic prizes. There will be giveaways for lapped riders, and Wild Rose has thrown in a few very special prizes for lap primes. We will also be honoring Best Glow Costume and Best Glow Bike. We also reserve the right to recognize something that we just weren't expecting to see.



SCHEDULE:

| | |
|-----------|---|
| 3pm - on | Sign-on (please note you must sign-on before your start, sign-on closes 30mins before your start) |
| 3- 5:45pm | Pre-ride (NOTE: The course may be open between starts at the commissaires discretion) |
| 6:00pm | 1st Start - Newbies ... new racers only, 30mins (note reduced fee for this race) |
| 7:00pm | 2nd Start - Category C , 40mins |
| 7:05pm | Sunset |
| 8:00pm | 3rd Start - Category B, 40mins |
| 9:00pm | 4th Start - Open A, 50mins |

DARK KNIGHT RACE CATEGORIES:

Bear with me a bit on this. We're trying to sort you into 4 Categories. You can pick which category you want to race but keep in mind that we are pulling lapped riders, so if you're a Sport racer and you wish to race 'A' then your race may be short. Women will race with the Men ... fast is fast, I don't care what gender you are.

Category You can enter if you are ...

Newbie: Citizen & Unlicensed riders wishing to give 'cross a try. If you have raced an ABA cross race before then this is not the race for you.
(no licensed ABA riders) (MTB's allowed)

Category C: Citizen, Novice, Sport, Cat 5/6 Road, all Youth categories, and Expert Women
(no Elite M/W, Expert M, or Cat 1/2/3/4 Road) (MTB's allowed)

Category B: All the above plus Expert Men, Elite Women, Cat 3/4 Road
(no Citizen, Elite Men, or Cat 1/2 Road) (MTB's allowed)

Open A: Anyone except Citizen and Youth ('Cross bikes only)

CALL UP'S: We will be calling riders up in the Open A race based on Elite ABA cup points



BIKES:

The ABA follows International rules when it comes to the type of bike you can ride in a 'cross race but because this is not an ABA Cup race we have a bit of leeway. So for the Newbie, 'C' and 'B' races you will be allowed to use mountain bikes. For safety reasons please remove all accessories such as bar ends, fenders, lights, racks, etc. The 'A' race will be restricted to racers on 'cross bikes.

RACE NUMBERS:

Bring your ABA Road body numbers. If you don't have them yet you can get them at the race from the ABA. Citizen racers will be given a number at sign-on.

PRE RIDING & COURSE INSPECTION:

We know that you'd like to inspect the course prior to your race. The course will be open during the scheduled times and between races at the commissaires discretion. If the Chief Commissaire opens the course between starts it will be open no sooner than 2 mins after the winner crosses the line and will close 5 mins before the next start. Riders pre-riding must not pass or otherwise interfere with racers who are still in the competition. All riders pre-riding must enter the course immediately after the finish line area.

LAPPED RIDERS:

Due to the large fields we are expecting and the difficulty we experienced last year with results *we will be pulling lapped riders from the Open A & Category B races...* sorry. If you are pulled from the race we will be giving you a parting gift that will be a lasting memento of your evening out. Lapped racers in the Category C and Newbies race's will be given the option to continue, but you will be given something to wear that will identify you to the commissaires. If you are a lapped rider you will not receive a time. Your result will be shown as finishing a lap down in the order you were lapped.



FOOD AND WATER:

There is no water available at the race so bring all that you will need. Post race refreshments will be made available by the organizer. Anything else that you may require for your post race recovery is your own responsibility.

BEER:

Now, we should say that this is an entirely inappropriate place to bring a beer to, but we're not stupid, and we know that many of you will plan consuming a couple after your race. So, if you plan on having a beer or two please be responsible. We also ask that if you are bringing a beer to the race please make sure it's in a can as this venue doubles as a children's playground and broken glass is not acceptable. The commissaires will have zero tolerance for racers seen drinking prior to or during their race ... you will be pulled.

MECHANICAL ZONE:

The course will include a double entry pit.

WASHROOMS AND CHANGE ROOMS:

We will provide porta-potties, but there are no change facilities

PARKING:

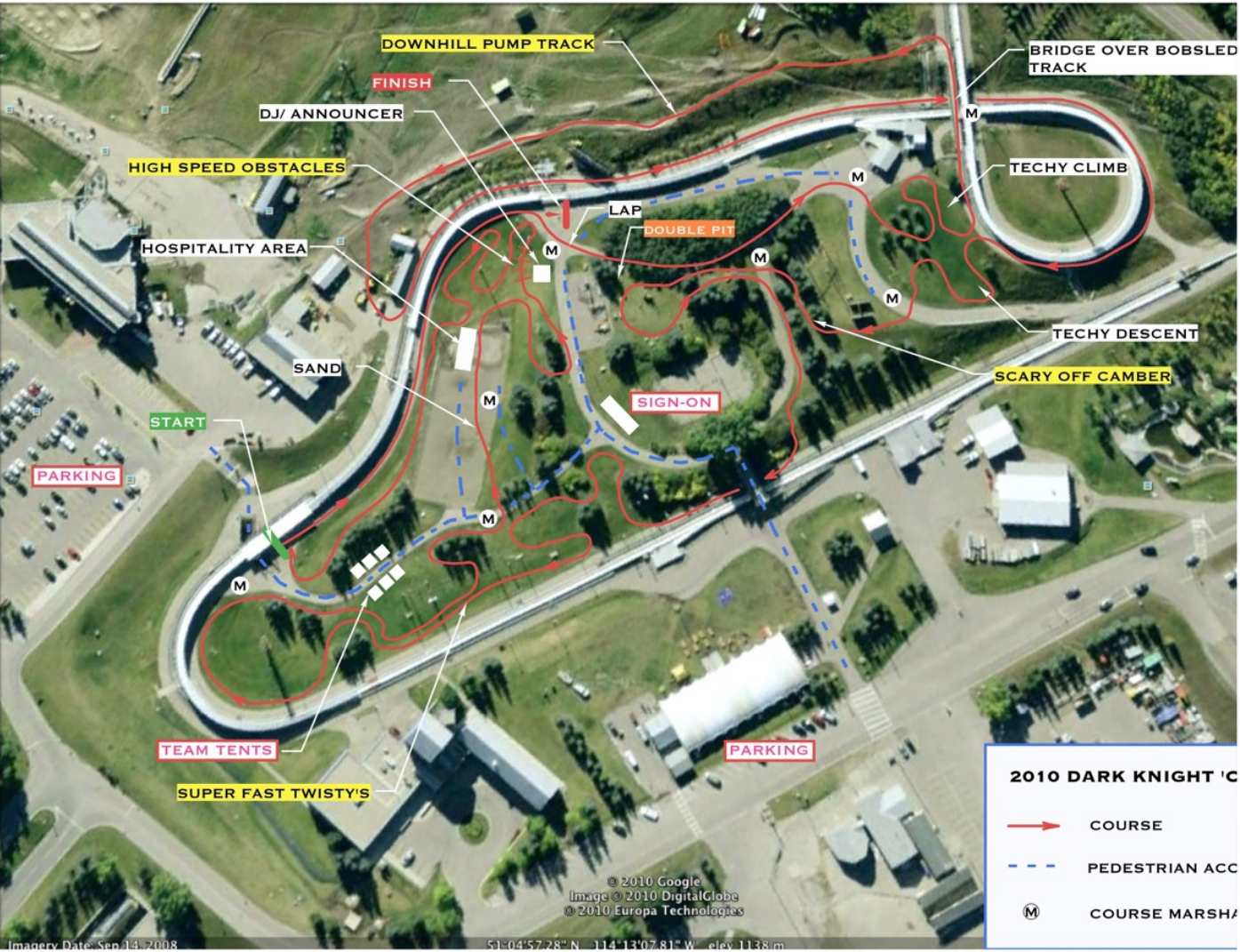
Plenty of parking is available at C.O.P. We will also have a central area for team tents and team parking.

FOR MORE INFO:

Contact Ed Garvin @ ed.landbydesign@shaw.ca



COURSE MAP:



PARTNERS AND SPONSORS



Bow Cycle ... Southern Alberta's premier bike shop and dedicated supporters of cycling in Alberta.



Curious Communications ... Pink and orange plaid may not be your thing, but you've got to admit these guys are pretty damn creative.



Mountain View Roasterie ... Outstanding custom roasted coffee delivered direct to your door.



Wild Rose Brewery ... Fantastic Micro Brewery in the heart of Calgary.