



*Presents*

***PRW SUPER PRESTIGE***

**OCTOBER 24<sup>nd</sup>, 2010**

**Gold Bar Park, Edmonton**



**Pedalhead Road Works** is proud to host another stop on the PRW Alberta Cross Cup Series. The race will be held at Gold Bar Park, located just off 50th street and 109 Ave in Edmonton (map below). The venue has held many Alberta Cross races and provides numerous vantage points for spectators. With weather being always unpredictable at this time of the year racers and spectators alike will appreciate the indoor facilities located at the Pavilion.

### **COURSE:**

Look for a fast course that features run-ups, technical descents and fast terrain. The course has been designed to offer fast racing whether it is dry, wet or snow covered. The course will be a true European course that will favour cross bikes and powerful riders. Oh ya maybe a sand pit as well. The course may change depending on City approval.

### **PARKING**

Parking will be in the parking lot at Gold Bar Park.

### **REGISTRATION AND SIGN-ON**

**Where:** Gold Bar Park Pavilion, Edmonton ([Click here for a Google map link](#))

**When:** [REGISTRATION ON KARELO ONLY](#)- sign on closes 30 minutes prior to your race

**Race Fees:** \$30 payable on Karelo only – NO RACE DAY REGISTRATION

-All riders must have a valid UCI/CCA license - Riders who are ABA club/general members must purchase a day license (\$10) on Karelo at the time of registration. Failure to bring your ABA license will result in a \$10 fine.

-Riders are expected to know and understand the UCI [Cyclo-cross](#) rules.

- Please bring your race license, and **road racing** body numbers. If you do not have body numbers, the ABA will provide those for you on race day. Position one number **down the center of your back** (so you are almost sitting on it) or both body-numbers **down low on your back pockets** so they are clearly visible from anywhere behind.

- New 'cross riders will compete in the Cyclo-cross category corresponding to their respective Road or Mountain Bike category, whichever is higher:

#### **Road / MTB category**

Cat 4 and 5 / Beginner and Sport

Cat 3 / Expert

All Women's Categories

Cat 1 and 2 / Elite Men

#### **Cyclo-cross Category:**

Sport Men

Expert Men

Open Women

Elite Men

## **BIKES AND EQUIPMENT**

Elite and Expert men racers must have cyclocross bikes. Sport men and Women racers can use cyclocross bikes or mountain bikes.

The ever changing their mind UCI passed new regulations this year that allow disc brakes in cyclocross. Yes I know, how silly of them.

So if you use disc brakes in the race it's ok by the UCI, but personally, I don't like it. All bikes must be in good working order and free of racks or carriers and competitors must wear a CCA approved helmet at all times while racing/riding.

## **MECHANICAL / FEED ZONE**

Another new UCI regulation allows feeding if the temperature is above 20 degrees C. Since this is Edmonton, I doubt that will happen but if you decide to take advantage of this new rule there is no feeding on the first two and last two laps of the race. The feed zone will be located in the same place as the mechanical zone. In the mechanical zone you can leave spare wheels, bikes, or anything else you might need. The location of the pit is on the course map. Make sure you label your stuff and collect it after your race.

## **START TIMES :**

Sport Men:	11 am	40 min
Open Women:	12 noon	40 min
Expert Men:	1pm	50 min
Open Men:	2 pm	60 min

Prizes (\$\$Cash\$\$) will be awarded in accordance with ABA policy for Elite Men and Open Women after each race based on entry so if you finish top 3 stick around to claim your hard- earned dough. We will also have some killer prizes in the other categories along with draw prizes.

Categories may be combined and/or shortened depending on weather or time delays.

## **COURSE PRE-RIDING**

The course is open for training from 10:20am to 10:50 am. The course will be closed during the races. **Any rider on the course during another category's race will be fined.** Opening the course between races will be at the discretion of the Chief Commissaire.

### **Riders will be fined for the following:**

- **Failure to wear a helmet while riding (pre/during/post race).**
- **Crossing the finish line twice.**
- **Racing in non club / team issue kit. Unless you race for T Mobile which I highly doubt, don't wear the kit.**
- **Having a water bottle on your bike (just kidding but that is not cool)**

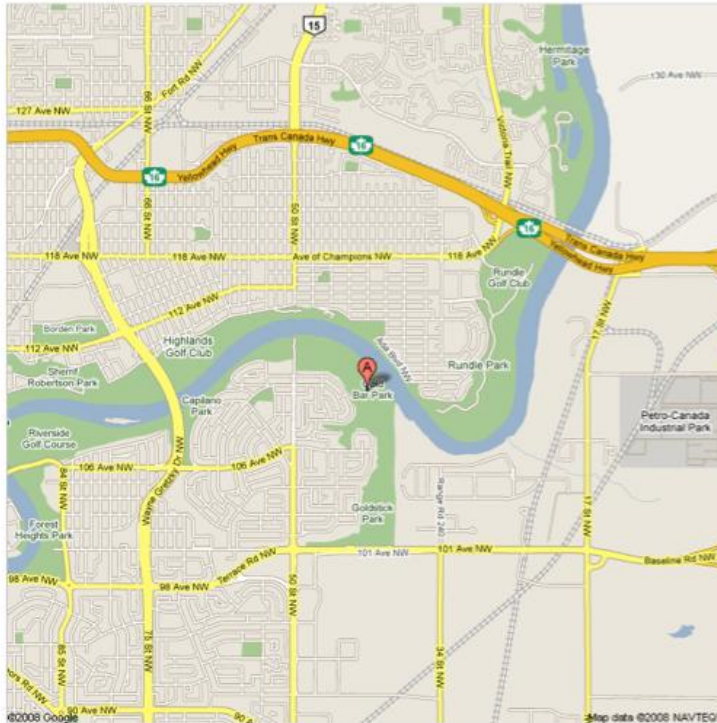
## WHERE IS GOLD BAR PARK?

gold bar park edmonton - Google Maps

<http://maps.google.ca/maps?hl=en&ie=UTF8&q=gold+bar+par...>



Results 1 - 1 of about 1 for **gold bar park edmonton**



### A. Gold Bar Park

No Address, Edmonton, AB - (780) 496-4999

1 of 1

9/2/08 3:06 PM

### **From Calgary:**

*North on Gateway BLVD until you hit the Whitemud*

*Turn right(East) at Whitemud Dr NW, /Whitemud Dr NW E*

*Turn left (North) at 50th Street exit*

*Head all the way up 50th street and down the hill. Turn right just before the Water Treatment Plant (just after 109 ave) and continue into Gold Bar Park.*



A

Goldbar Park Rd NW

109a Ave NW

Goldbar Park Rd NW

108 Ave NW

43 St NW

44 St NW

45 St NW

107a Ave NW

107 Ave NW