



Just keep riding...

Dec 4th, 2014

Volume 4, Issue 16

Upcoming Events

NEWS FROM THE ABA

2015 REGISTRATION IS NOW OPEN

Club registration is now open online. Registration can be done through [zone 4](http://www.albertabicycle.ab.ca/zone4), more information about affiliating a club is available at <http://www.albertabicycle.ab.ca/clubs>

Licenses and memberships are also available online now at <https://zone4.ca/reg.asp?id=8068&lan=1&cartlevel=1>

Please remember licenses cannot be purchased until your club has affiliated.

JUNIOR /U17 TRACK NATIONALS

Congratulations to the Team Alberta racers on their performance at the 2014 Junior /U17 Track Nationals



Stefan Ritter, U17 Men- 1st 500TT, 2nd Omnium, 4th Individual Pursuit, 4th Scratch Race, 1st Sprints

Evan Burtnik, Junior Men- 1st Kilo(1:06), 2nd Kieran, 1st Individual Pursuit(3:33)

Anna Talman, Junior Women-5th Omnium, 4th Individual Pursuit, 5th Scratch Race

DEPUTY CHIEF COMMISSAIRE- BMX

The ABA is now taking applications for a Deputy Chief Commissaire for 2015.

Applications are due December 12, 2014 and may be forwarded to heather@albertabicycle.ab.ca

The job description can be found [here](#).

REGULATION CHANGES

The ABA have made some changes to the General Regulations. Regulation 1.6.4 has been modified and regulation 1.6.5 has been added. Please see below for updated regulations. Full regulations can be found at <http://www.albertabicycle.ab.ca/regulations>



Procedure for disputes involving race results, race decisions, commissaire behaviour

1.6.4 Notwithstanding UCI 1.2.111, which allows for material changes to results to be made within 30 days of a race, disputes related to finish order, results, and decisions of the Commissaires' panel may only be considered at a race, and in accordance with ABA 1.6.3.

Enquiries about race occurrences, away from the race venue and outside of the prescribed protest time period, must be directed to the appropriate ABA Sport Coordinator.

Disputes or allegations involving inappropriate behaviour by a commissaire must be addressed either to the event Technical Delegate or appropriate ABA Sport Coordinator.

Forbidden contact with commissaires

1.6.5 Except as provided for by ABA 1.6.3 and 1.6.4, under no circumstances may a rider, or representative thereof, contact a commissaire regarding a race incident. Forbidden contact would include all means of communication including, but not limited to, e-mail, telephone, social media, and in-person communication. Incidents of forbidden contact may be punishable by either fine or suspension, as provided for by ABA and UCI Regulations.

NCCP READY TO RACE! ONLINE

Cycling Canada is pleased to announce our first online NCCP course. This January we will be piloting the Ready to Race! Training Basics course, to be completed online.

Course details:

NCCP Ready to Race! Training Basics workshop- online

Instructor : Paul Jurbala

Level: Ready to Race! Competition Introduction

Language: English

Schedule: *Eastern Time* (coaches must be present at all sessions to receive credit)

Monday January 5- 7:30-9:30pm

Wednesday January 7- 7:30-9:30pm

Monday January 12- 7:30-9:30pm

OSLER



Wednesday January 14- 7:30-9:30pm
Monday January 19- 7:30-9:30pm
Wednesday January 21- 7:30-9:30pm

Registration: please email Elizabeth.kiraly@cyclingcanada.ca to register

Cost: \$100

Organizers: Cycling Canada

Description: Ready to Race! Introduction to Competition (R2R) is the context for coaches who will primarily work with new competitive cyclists at the community and club level. These athletes will likely be in the Learn to Train to Train to Train stages of LTAD, although the context could apply to any new racer of any age. These athletes have basic but developed cycling skills and the desire to begin competing within a structured training and competition program. They should have passed through an entry-level Community Initiation program (CCI) to help them develop the basic skills.

EXPRESSION OF INTEREST

Any individual member, or affiliated club, interested in organizing one or more events during 2015 must submit an Expression of Interest form for each event. Preferential calendar placement will be given to those organizers who submit an Expression of Interest form on or prior to **Friday January 16, 2015**. A preliminary calendar will be set and posted reflecting the first round of such forms following the Race Organizers' Conference. All other organizers wishing to gain a place on the 2015 calendar will be given the choice of any open weekends after the preliminary calendar is set.

Following the January 16 deadline, the ABA will host a Race Organizers' Conference & Calendar Planning Meeting tentatively planned for **Saturday January 24, 2015** in Red Deer. All organizers will be sent an RSVP request for this meeting. A preliminary calendar will be established at the meeting, which will be circulated to organizers and posted on the ABA website no later than **January 31, 2015**.

For all those organizers interested in hosting a Club Sanctioned event in 2015, please fill out the "[Club Sanction EOI Form](#)". Information on what distinguishes a Club Event from a Provincial Sanction can be found on the form itself.

[2015 Expression of Interest Form](#)

ABA IS HIRING

The Alberta Bicycle Association is seeking to fill the position of Lead Sport Coordinator. The full job description can be found [here](#)

SPONSORSHIP

In 2014, Team Alberta supported 28 Junior and Para- Cyclists at eight National events. During these events, our junior athletes took home four National Champion jerseys, three silver medals and five bronze medals. In addition to reaching the podium multiple times, seven Provincial Team athletes went on to compete for Team Canada at World Championships. Along with the long term personal growth benefits, our goal is to provide young cyclists with the performance opportunities to represent the province on the national stage. However, the high cost of cycling can prevent up and coming cyclists in Alberta from taking advantage of this provincial program. As a result, we are in the process of looking for sponsors to support the Alberta Provincial Team to ensure all families can participate and experience the benefits. Please click on the [link](#) for details or contact Angus Cowan (403-650-7221; anguscowan@gmail.com) if you are interested to learn more about supporting our program.

CONGRATULATIONS TO THE FOLLOWING MEMBERS ON THEIR UPGRADE!

Novice -> Expert

Jon Ochitwa, Airdrie BMX

Novice -> Intermediate

Jarek Hokanson, Airdrie BMX

Intermediate -> Expert

Joron Dyok, Red Deer BMX

