
ALBERTA BICYCLE ASSOCIATION – PROVINCIAL RACING REGULATIONS

(Version as of 11, April 2017)

Overview

The following Alberta Provincial Regulations provide the framework for Road, Track, Mountain Bike, and Cyclo-cross racing in Alberta. This document is intended to supplement existing Cycling Canada and UCI Regulations. It should be noted that the UCI Regulations are a dynamic reference document and a particular section may be updated at any time during the year. It is recommended ABA members refer to relevant sections on a regular basis through the UCI website. All preceding regulations will be considered invalid as of the date of the updated regulation.

1. GENERAL REGULATIONS

1.1 Licenses

Single-Event Licenses

- 1.1.01** On occasion, the ABA offers opportunities for unlicensed riders to purchase a “Single Event License”, providing such riders the opportunity to compete with holders of UCI licenses at specified events. Riders competing with a Single Event License share the same responsibilities and duties as other competitors.

The following Regulations apply to Single Event Licenses:

1. Riders may compete with a Single Event License at a maximum of two events, regardless of cycle-sport or discipline, in any one calendar year;
2. Single Event Licenses may not be offered at any Stage Race, mass-start Road Race, or Provincial Championship race;
3. Riders competing at Track Meets may race only individual timed events;
4. Riders purchasing Single Event Licenses may compete in the following categories:

Road	Respective entry-level or age-group category
Mountain Bike – XCO and Downhill	Respective Single Event License category
Mountain Bike – Marathon and Enduro	Respective entry-level category
Cyclo-cross	Respective entry-level category
Track	Respective Single Event License category

Citizen Licenses

- 1.1.02** A Citizen License is not a UCI racing license, but a license which allows riders to participate in designated ABA sanctioned events. Citizen license holders may compete only in entry-level categories, regardless of age or ability.

The following Regulations apply to Citizen Licenses:

1. Upgrade points are awarded to Citizen License holders, however, should a holder of a Citizen License earn sufficient points to upgrade to a new

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category such rider is then obliged to purchase a UCI license in order to compete in that category;

2. Riders who have previously held a UCI license may only be issued a Citizen License in the lowest category of each discipline. Eligibility for such a license will be considered on a case-by-case basis;
3. Holders of Citizen Licenses may not compete in Alberta Road Cup *Level A* races.

No-License Regulation

- 1.1.03** Licensed ABA racers who wish to sign-on for an ABA-sanctioned event, but are not in current possession of their license may compete upon payment of a \$10 fine. Riders who have forfeited their licenses for purposes of upgrading will not be levied this fine within 30 days of the new license being issued.

Racing Out-of-Category

- 1.1.04** A rider wishing to compete in a category other than that listed on his or her license must obtain prior permission from the Racing Committee.
1. From time to time, the Racing Committee may grant temporary upgrades or downgrades to riders so they may compete for positions on Team Alberta.

License Downgrading

- 1.1.05** Riders wishing to downgrade a license category are required to make such requests in writing to the Racing Committee. Riders are asked to supply supporting documentation with their request. Decisions on such downgrade requests will be made solely by the Racing Committee.

1.2 Races

Races sanctioned by the ABA are divided into two categories – Club races and Provincial races.

Race Sanctioning Process

- 1.2.01** A sanction is the official permission given an organizer by the ABA to hold an event. The sanction recognizes the validity of the Organizer and the race, and offers protection under ABA insurance. A sanction may be withdrawn if, in the opinion of the Racing Committee, the sanction holder does not respect the responsibilities and conditions as set out by the sanction, and/or takes action considered contrary to the development of cycling in Alberta. Furthermore, a Provincial Race sanction may be withdrawn the day of the race by either the Technical Delegate or the Chief Commissaire, should the conditions of the sanction not be satisfied.

Club Races

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- 1.2.03** Club races are intended to provide new racers an introduction to the sport in addition to training opportunities for experienced racers. These races are typically contested on weekday evenings or in the spring.

Club Races are open to:

- 1) Members of the host club and;
- 2) Holders of UCI licenses and ABA Citizen licenses.

No other riders may compete in club events.

Club races must be run under applicable ABA, CCA, and UCI Regulations. To receive sanctioning, organizers of Club races are required to submit a Club Race Sanction Form, and comply with the conditions set forth under the terms of the sanction.

The ABA will not assign a Technical Delegate or Commissaires to Club races; however, host clubs must ensure at least one commissaire is present at all club races.

A calendar fee, set annually, will be levied for each Club Race/Club Race Series.

Provincial Races

- 1.2.04** Provincial Races must be run under applicable ABA, CCA, and UCI Regulations. To receive sanctioning, organizers must submit an Expression of Interest Form including cash deposit, Sanction Form, and comply with the conditions set forth by the sanction. Provincial races are open to holders of UCI licenses (occasionally in the form of a Single Event License) and as applicable, Citizen licenses. Provincial races will have assigned by the ABA a Technical Delegate and Commissaires.

A per-rider levy, set annually, will be levied for each Provincial-Sanction race.

Race Organizers

- 1.2.05** Organizers of ABA-sanctioned events must hold an Organizer's License. Race organizers must print the ABA logo on promotional material, start lists, and results. ABA logos are available at www.albertabicycle.ab.ca

Commissaires – Expenses

- 1.2.06** Organizers are responsible for the expenses of Commissaires as follows:

Transportation	\$0.45 per kilometre;
Meals	To a maximum of \$36 per day (\$8 breakfast, \$10 lunch, \$18 dinner), or provided by the organizer;
Accommodation	Organizer is responsible for arranging, or paying for, accommodation for traveling commissaires.

Commissaires expenses must be reimbursed within two weeks of receipt of a claim.

First Aid and Medical Support – Provincial Races

1.2.07 Risk of an incident resulting in serious physical injury is present at all cycling events. As such, the provision of appropriate emergency medical support is required at all Alberta Bicycle Association sanctioned events.

Organizers of ABA Provincial races are required to meet the following minimum standards:

1. An **Emergency Response Plan** must be provided by the Organizer and distributed to medical responders, commissaires, marshals, other race/event officials, and police if present. The Emergency Response Plan must include:
 - a. Provisions for a communication network, including radio frequencies and/or phone numbers;
 - b. Directions to and phone number of the nearest hospital;
 - c. Ground ambulance meeting points and, if applicable, helicopter landing zone locations.
2. An ambulance, defined as a motor vehicle equipped with supplies to render emergency medical care and staffed by one or more individuals trained to the level of Emergency Medical Technician, is required on-site at an event if: The event location, as defined below, is greater than either 10 kilometres or 10-minutes response time from emergency dispatch; and/or the event location is in an area not serviced by telephone or 911 emergency response.

In general, the Event location is defined as the start/finish area. In cases in which the start area and finish area are at different locations situated more than 5 kilometres from one another, *both* areas must be within either 10 kilometres or 10 minutes response time from emergency dispatch and serviced by telephone and 911 emergency response; otherwise an ambulance is required on-site. The final decision regarding the Event Location will be made by the Chief Commissaire in consultation with the ABA Technical Delegate.

3. In such cases that an **ambulance** is required for an event, the ambulance will be situated in such a position as to optimize response time in the event of an emergency.
4. Events which are held on a particularly lengthy circuit, or a point-to-point course, shall make provisions for medical support at one or more intermediate points on the course.

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5. Events which do not require an ambulance on-site must provide a dedicated emergency responder certified to the level of Standard First Aid.
6. In case of an incident, **reporting by the chief commissaire** must occur according to forms provided by the Alberta Bicycle Association.

First Aid and Medical Support – Club Races

- 1.2.08** Risk of an incident resulting in serious physical injury is present at all cycling events. As such, the provision of appropriate emergency medical support is required at all Alberta Bicycle Association sanctioned events.

Organizers of ABA Club races are required to meet the following minimum standards:

1. A First Aid responder on-site equipped with First Aid supplies;
2. A communication plan including venue address and contact information for local emergency services.

Timing and Photo-Finish

- 1.2.09** The provision of an **electronic timing system** is the responsibility of the Organizer in the case of the following events:

Mountain Bike – all disciplines
Road – Road Race, Criterium, Stage Race
Track

The provision of **photo-finish** is the responsibility of the Organizer of the following Road events: Criterium and Road Race.

Race Prizing

- 1.2.10** While it is recognized cash and merchandise available for prizes will depend on a number of factors; organizers are required to adhere to the following.

1. Depth of prize-giving

Number of Racers	Depth of prize-giving
4 or fewer*racers	(at least) 2 places*
5 – 15 racers	(at least) 3 places
16 – 25 racers	(at least) 3 places, <i>recommended to 8</i>
26 – 50 racers	(at least) 3 places, <i>recommended to 8</i>

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50+ racers	(at least) 3 places, recommended to 10
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**Provincial Championships excluded; ~~medals awarded to first three finishers regardless of number of entries~~*

2. Prize Equity

Prizes awarded to male and female racers in congruent categories should be of equal value for equal placing. The depth of prize-giving, however, may reflect the table shown in 1.2.09-1.

1.2.11 Podium Presentations

Organizers of Provincial races are obliged to hold a podium presentation for the top-three finishers in each category.

CCA and UCI Sanctioned Events

- 1.2.12 The ABA shall consider all Alberta bids for CCA and UCI sanctioned events and choose to support, or not support, such bids. In the case of multiple bids submitted for a common event, the Racing Committee shall rank the bids.

Registration

- 1.2.13 Registration for Provincial Sanction races must be electronic and must close no later than 11:59pm on the Thursday preceding the event. Start lists must be sent to the ABA Sport Coordinator by Friday 11:59am.

1.3 Provincial Championships

Categories of Championships

- 1.3.1 Provincial Championship events fall into the following categories: Open, Ability, Master, Youth, and Paralympic. Open Provincial Championship races may be contested according to Ability categories, Age-Group categories, or a combination thereof (in the case of Ability Category events offering Open Men and Open Women categories).

Provincial Championship Medals

- 1.3.2 ~~Gold, silver, and bronze medals are awarded in all Provincial Championship categories to the top three placed ABA-licensed riders, regardless of the number of entrants.~~

Medals will be awarded to all Alberta Championship categories in the following manner:

- Gold, Silver and Bronze: when there is a minimum of four (4) riders who started in a designated category.*
- Gold and Silver: when there is a minimum of three (3) riders who started in a designated category.*

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- Gold: when there are two (2) or fewer riders who started in a designated category. The winner must complete the event to receive Gold. Winner must complete the event in order to receive the Gold

Organizers are required to purchase medals from the ABA.

Provincial Championship Jerseys

- 1.3.3** Alberta Provincial Champion jerseys will be awarded to the top-placed rider holding an ABA license at the following races, and in the following categories:

Open Provincial Road Race Championship:

Open Men/Category 1/2 Open Women/Category 1/2/3

Open Provincial Mountain Bike XCO Championship:

Open Men Open Women

Open Provincial Mountain Bike Downhill Championship:

Elite Men Elite Women

Open Provincial Mountain Bike Marathon Championship:

Open Men Open Women

Open Provincial Track Championship:

Elite Men & Elite Women

Match Sprint

500m/Kilometre Time Trial

Keirin

Team Sprint

Individual Pursuit

Scratch Race

Points Race

Elimination Race

Madison

Team Pursuit

Open Provincial Cyclo-cross Championship:

Open Men Open Women

The jersey will only be awarded when the category has the minimum requirement of five (5) starters.

The jersey may be worn only in the sport/discipline and category in which it was earned up to, but not including, the next Provincial Championship.

Provincial Championships - Eligibility

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1.3.4 Out-of-province riders may contest Provincial Championship races but are not eligible to claim any medal, jersey, or provincial title. Out-of-province riders may receive cash or merchandise prizes.

A rider may contest, and be eligible for prizes and records in, only one category at Provincial Championship races in which Open and Age-Group categories are held concurrently.

1.4 Commissaires

Commissaires are the officials assigned by the ABA to preside over Provincial-Sanction races. The ABA will determine the number of officials required for a race, and assign commissaires including an Event Chief.

Commissaire Upgrading

1.4.01 The Provincial Chief Commissaire shall, on an annual basis, determine commissaire upgrades according to the following criteria:

Technical Assistant	Completed classroom commissaire course
Provincial C	Has worked at least two events as a Technical Assistant
Provincial B	Has worked at least five events as a Level C
Provincial A	Has worked at least five events as a Level B
Provincial Event Chief	Complete Chief Commissaire course, and has worked at least two events as a Chief

Commissaire Honoraria

1.4.02 Commissaires will receive honoraria when assigned by the ABA to ABA races, and CCA/UCI races occurring in Alberta, as per the following rates:

MTB – Enduro or Marathon (per day)	Chief - \$115, other Commissaires - \$90
Track Meet (per day)	Chief - \$115, other Commissaires - \$90
Stage Races (per stage)	Chief - \$75, other Commissaires - \$60
Other races (per day)	Chief - \$75, other Commissaires - \$60

1.5 Alberta Cup

The Alberta Cup is a points ranking system recognizing performance and commitment to racing at the Provincial level. The Alberta Cup provides the ABA a vehicle for rider upgrading and recognition, talent identification, and Provincial Team selection. All ABA Road, Track, Mountain Bike, and Cyclo-cross races, with the exception of those utilizing Age-Group or non-standard categories, will be included in the Alberta Cup. Points will be allocated to riders in all categories at Alberta Cup races.

Alberta Cup Team Standings

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- 1.5.1** Team standings will be maintained for the Alberta Cup in all cycle-sports. In all instances, Team Standings will be calculated according to the combined points of a team's top-three riders in each category.

Alberta Cup Points Schedules

- 1.5.2** The following point schedules will apply to Alberta Cup Series:

PLACING	SCHEDULE A	SCHEDULE B
1 ST	25	20
2 nd	20	15
3 rd	15	12
4 th	12	10
5 th	10	8
6 th	8	6
7 th	6	4
8 th	4	2
9 th	2	-
10 th	1	-

Alberta Cup – Assignment of Point Schedules to Races

- 1.5.3** The Racing Committee shall evaluate events on an annual basis and assign schedule status accordingly.

1.6 Competition Regulations

Littering

- 1.6.1** Riders may not litter anywhere other than identified feed zones. Such behaviour may be penalized by way of:

- 1) Warning;
- 2) A fine of up to CAN\$200;
- 3) Disqualification

Such behaviour may also be subject to penalty by local ordinance.

Cameras

- 1.6.2** Any rider, regardless of sport or discipline, will not be permitted the use of helmet or body mounted cameras during training, qualifying or competition. (Supplemental to UCI Regulation 1.3.004, 1.3.031-3, 1.3.033, 4.3.014 and 6.1.060)

Results – Protest Period

- 1.6.3** The protest period for race results will be as follows: One-day races – 20 minutes after provisional results are posted. Stage Race and Omnium Events – Up until 20 minutes prior to the next stage, except for the final stage in which case the protest period will be 20 minutes subsequent to the provisional results being posted.

Procedure for disputes involving race results, race decisions, commissaire behaviour

- 1.6.4** Notwithstanding UCI 1.2.111, which allows for material changes to results to be made within 30 days of a race, disputes related to finish order, results, and decisions of the Commissaires' panel may only be considered at a race, and in accordance with ABA 1.6.3.

Enquiries about race occurrences, away from the race venue and outside of the prescribed protest time period, must be directed to the appropriate ABA Sport Coordinator.

Disputes or allegations involving inappropriate behaviour by a commissaire must be addressed either to the event Technical Delegate or appropriate ABA Sport Coordinator.

Forbidden contact with commissaires

- 1.6.5** Except as provided for by ABA 1.6.3 and 1.6.4, under no circumstances may a rider, or representative thereof, contact a commissaire regarding a race incident. Forbidden contact would include all means of communication including, but not limited to, e-mail, telephone, social media, and in-person communication. Incidents of forbidden contact may be punishable by either fine or suspension, as provided for by ABA and UCI Regulations.

1.7 Discipline and Appeals

The Racing Committee may consider discipline and appeals resulting from racing incidents.

Discipline resulting from racing incidents

- 1.7.1** Race incidents committed during sanctioned events shall be judged and penalized according to UCI/CCA Regulations wherever possible.
1. In regard to incidences involving participant conduct at an event where a Commissaire deems a fine exceeding CAN\$200 and/or suspension is warranted, the Commissaire shall forward a report to the Racing Committee within eight days of the event. The Racing Committee shall consider, render and communicate a decision within 15 days of receiving the Commissaire's report.
 2. Prior to the rendering of any decision, the license holder whose conduct is under consideration shall be afforded an opportunity, in a manner determined by the Racing Committee, to present his position.

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3. Rider conduct is subject to ABA/CCA/UCI Regulations at Club-Sanction races. A license holder may submit a report to the Racing Committee regarding the conduct of another license-holder at a Club-Sanction race.

Appeals

- 1.7.2 1. Commissaire or Racing Committee decisions shall not be open to appeal unless such decisions involve a suspension and/or a fine exceeding CAN\$200.
2. Should an Appeal be received, an Appeal Panel will be convened within 30 days of receipt of the Appeal. The Appeal Panel shall consist of the ABA President (or designate), Provincial Chief Commissaire (or designate), and one other member of the Board of Directors. The appellant may present evidence and be represented. The decision of the Appeal Panel shall be communicated within 8 days of the panel convening.
3. No further appeal shall lie from the decision of the Appeal Panel