

# ALBERTA BICYCLE ASSOCIATION – PROVINCIAL RACING REGULATIONS

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(Version as of March 10, 2013)

## 5. CYCLO-CROSS REGULATIONS

### 5.1 Cyclo-cross categories – Alberta Cup

The categories described in the table below will be recognized at Alberta Cup events. Riders begin competing in the Alberta Cup Cyclo-cross category corresponding to their respective Road or Mountain Bike XC category, whichever is higher.

#### Alberta Cup – Cyclo-Cross Categories

Category	Corresponding ABA MTB-XC and Road Category	Optimum Winning Time
Novice Men	Mountain Bike: U15, U17, Novice, Master 50+ Road: U15, U17, Master 50+; Category 5 Men	40 minutes
Sport Men	Mountain Bike: Sport Road: Categories 4 and 5	40 minutes
Expert Men	Mountain Bike: Expert Road: Category 3	50 minutes
Open Men	Mountain Bike: Elite, but open to all license-holders Road: Category 1/2, but open to all license-holders	60 minutes
Sport Women	Mountain Bike: Novice, Sport Road: Categories 4 and 5	40 minutes
Open Women	Mountain Bike: Expert, Elite, but open to all license-holders Road: Categories 1, 2, and 3, but open to all license-holders	40 minutes

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### 5.2 Cyclo-cross categories – Provincial Championships

Medals will be awarded in the categories described in the table below at the Provincial Cyclo-cross Championships.

#### Alberta Cyclo-Cross Championships – Categories

Category	Optimum Winning Time
U17 Men	40 minutes
U17 Women	40 minutes
Junior Men	40 minutes
Junior Women	40 minutes
Open Men	60 minutes
Open Women	40 minutes
Master Men 30 – 39	50 minutes
Master Women 30+	40 minutes
Master Men 40 – 49	40 minutes
Master Men 50+	40 minutes

**Note:** UCI Regulations for Cyclo-cross place riders in their respective category for the following year, as the international Cyclo-cross calendar comprises two calendar years.

### 5.3 Alberta Cyclo-cross Cup

The Alberta Cyclo-cross Cup is a season-long series in which points are awarded to top-placing riders in Provincial races. Points are awarded as per **Schedule B**, detailed in 1.5.2 – Alberta Racing (General) Regulations.

#### **Tie-breaking Procedure**

##### 5.3.1 Tie-breaking Procedure

Any ties occurring in the Alberta Cyclo-cross Cup standings will be broken by performance at the final race of the Series.

## 5.4 Cyclo-cross Upgrading

- a) Riders in the **Novice Men** category will be upgraded to **Sport Men** upon accumulating, over the course of two consecutive seasons, 30 Alberta Cyclo-cross Cup points.
- b) Riders in the **Sport Men** category will be upgraded to the **Expert Men** category upon accumulating, over the course of two consecutive seasons, 40 Alberta Cyclo-cross Cup points.
- c) Riders in the **Sport Women** category will be upgraded to the **Open Women** category on the basis of top-3 placings. One of the following combinations of results must be achieved over the course of two consecutive seasons: 2 wins; 1 win plus 2 other top-3 placings; or 5 top-3 placings.
- d) Riders in the **Expert Men** category will be upgraded to the **Open Men** category on the basis of top-3 placings. One of the following combinations of results must be achieved over the course of two consecutive seasons: 2 wins; 1 win plus 2 other top-3 placings; or 5 top-3 placings.

### **Master riders**

- 5.4.1** Master riders retain the option of declining an upgrade provided they have not earned such upgrade over the course of one season. Upgraded Master riders aged 40 or greater may revert to their previous category the following season.

### **Youth riders**

- 5.4.2** Junior-aged riders and those younger may upgrade to Expert based on points earned as per 5.4. Youth riders will not, however, be upgraded to the Open Men category based on points. Rather, such athletes will be upgraded at the discretion of the Racing Committee.

### **Non-transferability of upgrades**

- 5.4.3** Once a rider has begun racing in a Cyclo-cross category, they may only upgrade based on Cyclo-cross results regardless of upgrades in Road or MTB categories.

### **Out-of-Province results**

- 5.4.4** Riders may submit, for upgrading purposes, no more than two results from out-of-province races provided such races are sanctioned at a Provincial Cup level. Points will be awarded as per ABA Schedule B (ABA General Regulations - 1.5.2).

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### 5.5 Equipment

#### **Bicycles – Alberta Cup**

- 5.5.1** Cyclo-cross bicycles must be used in the Expert Men, Open Men, and Open Women categories. The use of mountain bikes is permitted in other categories.

#### **Bicycles – Provincial Championships**

- 5.5.2** Cyclo-cross bicycles only must be used in all Provincial Championship categories other than U17 Men and U17 Women.

### 5.6 Racing Procedures

#### **Call-Up**

- 5.6.1** Eight riders per race will be called up at each Alberta Cup and Alberta Championship event. Call-up will be based upon current UCI standing followed by current Alberta Cup standing.

#### **Multi-category races**

- 5.6.2** The following categories may compete on a course at the same time, provided the total number of riders on course does not exceed 40:

**Novice Men and Sport Men  
Sport Women and Open Women**

In instances of multi-category races, the Chief Commissaire will determine the start-gap between the two categories.

### 5.7 Course

To the greatest extent possible, courses used for Alberta Cup events must conform to UCI Regulations. Any deviations from UCI requirements must be approved by the Chief Commissaire and/or Technical Delegate.

#### **Course Length**

- 5.7.1** Alberta Cup races may not be held on circuits of less than 2 kilometres.