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The  Alberta spin

The magazine of cycling in Alberta

Vol. 37 No. 1 Summer 2005

Off the front...

The Big Aloha!

Hello, and welcome to another busy season at the Alberta Bicycle Association. It is my pleasure to write to you as the new President. I have really enjoyed my years of volunteerism within the ABA and look forward to serving the many different views and interests of cyclists in this Province.

When I think of the many exciting events that are going on this summer, it is hard to believe that we have our usual full and diverse calendar as well as the enormous undertaking that is the World Masters Games. The interest and excitement that the Games are producing continues to build and the numbers are increasing with each update from the Games Office. As we get closer to the event, the need for volunteers at the various venues and events will continue to be of utmost importance to the success of the cycling disciplines. If you have some time this summer to assist the clubs putting on the events, or elsewhere at the Games, please do so!

One of my goals as President is to continue to foster the relationship between the various disciplines of cycling in this Province. I feel that it is imperative that we all work together to promote all aspects of cycling and that we are stronger as a united front than we are as a segmented group of varied interests.

We continue to strive at the national level for a better insurance deal. We look to a strengthening of the CCA Office with the hiring of a new Chief Operating Officer, Steve Lacelle, whom I met at our CCA Insurance Committee meeting. Steve seems to be making an immediate and positive impact at the National Office. I am also working hard to ensure that Alberta's voice is heard nationally with my election as Chair of the Inter-Provincial Council of the CCA.

I appreciate any input and comments you might have for me, and please feel free to come up, say hi, and engage me in discussion at events this summer!

"The Big Kahuna"
ABA President Tim Harris



Stay tuned for the advent of stylin' ABA wear: T-shirts, ball caps, touques. Kristy Sarnoski and Brys Francis are on the ABA Clothing Committee and they will get the good stuff.

Bronze grandstand seats at the CHAMP car race in Edmonton in July 2005: \$90
Silver seats: \$155
Gold seats: \$220
Grandstand suites for 50 people (food and drink extra): \$38,000
Standing in the rain at the finish line of a Tuesday night club race: priceless.

The ABA notes with sadness the passing of **Ron Moore**, longtime rider and cycling supporter. Ron suffered from cystic fibrosis and this makes his involvement in cycling all the more remarkable. Ron's drive and determination helped him live to age 48 with a genetic condition where the life expectancy is 37.

Many people will remember Ron organizing and competing at roller races during the winter where his fast-twitch "sewing machine legs" took him to record times. Ron owned and operated George's Cycle from 1985 to 2001 and is survived by wife Linda and children Alana and Aaron.

Please make memorial donations to the Canadian Cystic Fibrosis Foundation.

Contributors!

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BMX results courtesy www.albertabmx.com
Linda Medland Davis had to get a new red pen

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2005/6 Alberta Spin Deadlines

Issue	in-by	out-by	feature
Autumn 2005	August 31	Sept. 15	More results!
Winter 2005	Nov. 30	Dec. 15	AGM News 'Cross!!!!
Spring 2006	Mar. 31	Apr. 15	Forms, calendar
Summer 2006	June 30	July 15	Results! Pix!

Alberta
COMMUNITY DEVELOPMENT



-1 indicates lapped rider

#	Name	Club
Cat 1&2		
1	Tim Heemskerk	United Cycle
2	Zach Bell	Jet Fuel
3	Cam McKnight	ERTC/redbike
4	Matthew Decore	Pedalhead RW/Sleeman
5	Nick Jendzjowsky	Pedalhead RW/Sleeman
6	Jere Hu	ERTC/redbike
7	Sean Barr	Pedalhead RW/Sleeman
8	Ted Dahms	Pedalhead RW/Sleeman
9	Kevin Rokosh	ERTC/redbike
10	John Twells	Pedalhead Bicycle Works
11	Zbignew Szymanski	United Cycle
12	Craig Good	Synergy
13	Peter Toth	ERTC/redbike
-1	Byron Davis	Pedalhead Bicycle Works
-1	Tim Orgryzlo	Pedalhead Bicycle Works
-1	Lloyd Kupchanko	ERTC/redbike
-1	David Ariano	ERTC/redbike

Open Women

1	Heather Oswald	ERTC/redbike
2	Sian Barraclough	Velocity
3	Kristin Campbell	Pedalhead RW/Sleeman
4	Gail Wozny	EMCC
5	Bobbi Barbarich	United Cycle
6	Diana Bladon	Pedalhead Bicycle Works
7	Jennifer MacPhee	Pedalhead RW/Sleeman

Cat 3

1	Tim Bulger	ERTC/redbike
2	Ryan Hopping	ERTC/redbike
3	Paul MacDonald	United Cycle
4	Dave Ellis	Pedalhead RW/Sleeman
5	Steve Martins	Hardcore Bikes
6	Darren Anderson	Pedalhead Bicycle Works
7	Scott Klarenbach	Independent
8	Claudio Ongaro	Juventus
9	Mike Sarnecki	Pedalhead Bicycle Works
10	Andre Sutton	Hardcore Bikes
-1	Andy Achuff	Pedalhead Bicycle Works
-1	Chris Hooper	Synergy

Cat 4

1	Brys Francis	United Cycle
2	Spencer Smithman	Juventus
3	Johnathan Keats	Pedalhead Bicycle Works
4	Mark Rumsey	Hardcore Bikes
5	Aaron Chappell	ERTC/redbike
6	Paul Robertson	Terrascape
7	Kevin Noble	United Cycle
8	Myles Marshall	ERTC/redbike
9	Paul Ignatiuk	ERTC/redbike
10	Kevin Coghlan	Pedalhead RW/Sleeman
11	Derrill Shuttleworth	Pedalhead RW/Sleeman
12	Kevin Bayley	Deadgoat
-1	Jan Sacharuk	Pedalhead RW/Sleeman
-1	Neil Johns	Hardcore Bikes
-1	Steven Baker	United Cycle

Cat 5

1	Mark Dumesnil	Pedalhead RW/Sleeman
2	Andrew Phelps	Crankies
3	Clinton Millar	United Cycle
4	Doug Urness	CABC/Projekt One
5	Aaron Amar	Pedalhead RW/Sleeman
6	Bogdan Braun	United Cycle
7	Karl MacPhee	Pedalhead RW/Sleeman
8	Paul Plakas	Pedalhead RW/Sleeman
9	Kyle Anderson	ERTC/redbike
10	Jason Proche	Pedalhead RW/Sleeman
11	Scott Book	ERTC/redbike
12	Ed Heacock	ERTC/redbike
13	John Mayne	Pedalhead RW/Sleeman
14	Michael Nagy	Independent
15	Lindsay Dodd	CycleLogic
16	Ken Rebel	EMCC
-1	Brad Fehr	Pedalhead RW/Sleeman
-1	Gerhard Jacobs	Crankies
-1	Chris Appelman	Bow Cycle
-1	Andrew Schietzsch	Juventus
-1	Jean-Claude Coupal	United Cycle
-1	Andy Wilson	United Cycle
-1	Conrad Quist	ERTC/redbike
-1	Helge Halvorsen	EMCC
-1	Shane Siegel	Pedalhead RW/Sleeman
-1	Emils Muehlerbachs	Pedalhead Bicycle Works
-1	Lance Harris	Juventus
-1	Kyle Harris	Juventus
-1	Glenn Isaac	CycleLogic

Sunday June 5, 2005 - The 2nd Annual Trofeo LEVA ran under threatening forecasts but clear skies on a classic 4-corner, 1km loop in Garneau just south of the University of Alberta.

The Cat 1&2 Men's race saw a break of four favorites get away in the first 15 minutes. Matt Decore (Pedalhead RW/Sleeman), Cam McKnight (ERTC/redbike), Tim Heemskerk (United Cycle), and Zach Bell (Jet Fuel) came within 20 seconds of lapping the field with 15 minutes left in the race. After attacks from Decore and McKnight the break settled on a sprint which Heemskerk won just ahead of Bell, McKnight and Decore. Nick Jendzjowsky (Pedalhead RW/Sleeman) won the field sprint ahead of Jere Hu (ERTC/redbike) 40 seconds later.

A very active peleton saw the Open Women's field whittled down to 4 women who contested the final sprint. Heather Oswald (ERTC/redbike) beat out Sian Barraclough (Velocity) and Kristin Campbell (PedalheadRW/Sleeman). Pedalhead Road Works would like to thank Leva Cappucino Bar for their sponsorship and race day help and the Garneau Community for hosting and supporting the race. *Courtesy www.pedalhead.ca*



Open Women photo by Greg Skafte

Technical Directions

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An exciting 2005 ...

Less than two months into the New Year and already several Albertans have competed internationally:

Peter Toth (ERTC/redbike) competed in the World Masters' Cyclo-cross Championships in Mol, Belgium, while **Samantha Nicholson** (Bianchi/The Bike Shop) competed in the Elite World Cyclo-cross Championships **Mark MacDonald** and **Philippe Abbott** (Sport Chek and bispport) are spending the latter half of the winter in France, competing in regional road races.

On the track, look for **Travis Smith** (TheTrackTeam), **Cam MacKinnon** (TheTrackTeam), and **Lori Ann Muenzer** (Juventus) at upcoming World Cups and the World Championships.

The Alberta Provincial Team Program has been established for the season - the focus this year will be on a strong performance at the Canada Games and another strong showing at the National Track Championships, coming up in Calgary. This season will be the busiest yet for the Alberta Provincial Team, with 6 projects being planned. Athletes interested in the Provincial Team program should familiarize themselves with the selection documents that may be found at: www.albertabicycle.ab.ca

Coaching News: The ABA will offer a full slate of NCCP Technical courses this spring, including the rarely offered Level 1 Track Course, and also the rarely offered Level 2 Mountain Bike Course. 

Congrats to **PacificSport Victoria** in getting the 2007 BMX World Championships for Victoria BC. The event will be held in the Greater Victoria area, with the main competition taking place at the Juan de Fuca Velodrome. More than 200 volunteers will be required to help make the 3-day event a success. Oh yeah, and up to 2000 riders.

If you liked the big pictures in this issue of *The Alberta Spin*, check out the real big picture at <http://www.tpd.tno.nl/smartsite966.html>, to see a 2.5 billion pixel panorama of the city of Delft in the Netherlands. Zoom in on the centre right edge to see the good bike parking facility to the right of the Conference Centre at Delft University of Technology. Can you spot any other cycling activity in this bike-friendly city?

Calgary - The Alberta Bicycle Association is pleased to announce it has recently received \$3000 from the Shell Canada Community Service Fund.

"The funds have been awarded to recognize and support Sean Huggins-Chan, a Shell Canada employee. Sean Huggins-Chan regularly volunteers with the Alberta Bicycle Association as a race official. The funds will be used to purchase race number plates," says Kevin MacCuish, Alberta Bicycle Association Events Coordinator.

"Shell believes that contributions of time, effort and caring to not-for-profit organizations benefit the entire community. Through the Community Service Fund, we recognize and support Shell people who give personal time to not-for-profit organizations on a regular, volunteer basis," says Gina Ockey, Shell Canada Public Affairs.


"We have supported Shell volunteers through the Community Service Fund for over 30 years. In 2004, Shell Canada granted over \$450,000 to nearly 320 not-for-profit organizations across Canada".

The Alberta Bicycle Association is the sport governing body for cycling in the province of Alberta. It is an affiliated federation of the Canadian Cycling Association (CCA) and International Cycling Union (UCI). The Alberta Bicycle Association sanctions cycling competition in all cycling disciplines and also works to promote cycling for both recreation and transportation.

Information about the Community Service Fund and Shell's other community investment programs, is available at www.shell.ca/community.

For more information contact:

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Sorry this issue of the Alberta Spin is so late- we're back on schedule now. Keep going to races and working on trails, send in your results, words and pictures and we'll have lots of good material for the next one!

Trackies (and everyone else):

Scope <http://www.forestcityvelodrome.ca/> for the word on Canada's newest velodrome: the 138-metre indoor track in London ON. The next Alberta Spin will have words and pix of the action at the former Ice House Arena.

2005 Paul Lewis Memorial Coulee Cruiser

Lethbridge, Alberta May 1, 2005

#	Name	Club	Time
Beginner Male & Female 2 Laps (12 km)			
1	Mike Baker	Independent	0:43:33
2	Kyla Conner	Independent	0:57:56
3	Jeff Jones	Lethbridge BMX	1:02:01
U13 Male 1 Lap (6 km)			
1	Kevin Stafford	United Cycle	0:34:20
2	Trevor Bosch	Calgary Cycle	0:38:02
U15 Male 2 Laps (6 km)			
1	Mac Garrin	Blacksheep	1:08:30
2	Garth Philpott	Lethbridge BMX	1:11:23
3	Aidan Jones	Lethbridge BMX	1:11:37
U17 Sport Male 3 Laps (18 km)			
1	Kaspar Woiceshyn	Cyclemeisters/Bow Cycle	1:15:08
2	Mike Weldon	Blacksheep	1:17:48
Junior Sport Male 4 Laps (24 km)			
1	Brian Robinson	Cyclemeisters/Bow Cycle	1:18:02
2	Matt Catley	Independent	1:55:25
Senior Sport Male 4 Laps (24 km) 1 DNF			
1	Jeffery Neilson	Terrascope	1:18:04
2	Felix Haspel	Synergy	1:22:19
3	Lannie Thielen	Headwinds	1:30:34
4	Darcy Neniska	United Cycle	1:38:50
Master Sport Male 30-39 4 Laps (24 km)			
1	Alistair Abdai	Deadgoat	1:21:26
2	Trevor Sutherland	Deadgoat	1:22:27
3	Mike McKee	Deadgoat	1:22:31
4	Stephen Walsh	Schmoe Racing	1:24:14
5	Pete Holzruter	Headwinds	1:25:08
6	Brent Clark	Schmoe Racing	1:25:44
7	Mark Stranzinger	Terrascope	1:27:49
8	Dave Ford	Deadgoat	1:27:55
9	Tim Riess	Pedalhead	1:28:18
10	Ted Anderson	Deadgoat	1:29:20
11	Brad Kane	Deadgoat	1:29:26
12	Greg Wikenheiser	Independent	1:31:53
13	Mark Duk	Cyclemeisters/Bow Cycle	1:32:15
14	Trevor Pombert	United Cycle	1:32:50
15	Jamie Thomas	United Cycle	1:41:03
16	Adam Driedzil	Independent	1:45:13
Master Sport Male 40+ 4 Laps (24 km) 1 DNF, 1 DQ			
1	Darcy Jones	Deadgoat	0:59:30
2	Greg Bartlett	United Cycle	1:03:25
3	Ivan Dansie	Deadgoat	1:03:33
4	Rob Hunter	Rocky Mtn Bike 'n Board	1:04:27
5	John Riess	Pedalhead Road/Sleeman	1:06:31
6	Gerry McCuaig	Deadgoat	1:09:33
7	Roger Clemen	United Cycle	1:10:59
8	Clayton Stafford	United Cycle	1:14:16
9	Tom Ebborn	Blacksheep	1:27:23
U17 & Junior Sport Female 3 Laps (18 km)			
1	Hilary Ebborn	Blacksheep	0:59:25
2	Michelle Beveridge	Blacksheep	1:03:04
3	Jennifer Virtue	Blacksheep	1:03:04
Senior Sport Female 3 Laps (18 km)			
1	Laura Brown	Cyclemeisters/Bow Cycle	1:14:23
2	Isabelle Julian	Headwinds	1:23:28
3	Lisa Bowe	bicisport	1:26:47
Master Sport Female 30-39 3 Laps (18 km)			
1	Margie Smith	Independent	1:10:15
2	Kelsey Miller	Cyclemeisters/Bow Cycle	1:14:40
Master Female 40+ 3 Laps (18 km)			
1	Linda Green	Deadgoat	1:12:30
2	Judy Harlton	Dirt Girls	1:14:39

Master Expert Female 30-39 4 Laps (24 km)

1	Juliette Franklin	Deadgoat	1:46:16
2	Michelle Hock	Pedalhead	1:49:41

U17 & Junior Expert Female 4 Laps (24 km)

1	Danielle Kenny	Cyclemeisters/Bow Cycle	1:37:41
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Master Expert Male 30-39 5 Laps (30 km) 1 DNF

1	Tom Brodzinski	Deadgoat	1:36:51
2	Keith Bayley	Deadgoat	1:37:22
3	Geoff Clark	Deadgoat	1:37:40
4	Tim Bresznyak	Deadgoat	1:38:04
5	Lonn Bate	Terrascope	1:38:55
6	Steven Johnson	Wilson's Racing	1:40:05
7	Brys Francis	United Cycle	1:42:54
8	Darren Anderson	Pedalhead	1:43:24
9	Wayne Calder	Deadgoat	1:43:29

Master Expert Male 40+ 4 Laps (24 km) 1 DNF

1	Dwayne Ellis	GS Campione	1:19:20
2	Mike Cavaliere	Rundle Mountain CC	1:20:27
3	Edward Boddy	Deadgoat	1:25:24
4	Ed Garvin	Blacksheep	1:27:24
5	Jack Funk	Deadgoat	1:28:49
6	Gary Dearing	Cyclemeisters/Bow Cycle	1:32:16

Junior Expert Male 5 Laps (30 km) 1 DNF

1	Cody Canning	United Cycle	1:33:39
2	Eric Magee	Rundle Mountain CC	1:44:34

Senior Expert Female 5 Laps (30 km)

1	Amy Woodward	Cyclemeisters/Bow Cycle	1:31:49
2	Carrie Williamson	Terrascope	1:39:29
3	Bridget Linder	Cyclemeisters/Bow Cycle	1:40:17
4	Jill Parnell	Blacksheep	1:43:46
5	Rebecca Morris	bicisport	1:45:42
6	Heather Grover	Mountain Bike City	1:47:44
7	Janka Hegedus	Pedalhead	1:51:31

Senior Expert Male 5 Laps (30 km) 2 DNF

1	Earl Nolan	Deadgoat	1:32:44
2	Mark MacDonald	Sport Chek Cycling	1:35:24
3	Frederic Langevin	Deadgoat	1:37:51
4	David Roberts	Cyclemeisters/Bow Cycle	1:38:39
5	Ryan Castle	Regina CC	1:39:59
6	Erik Bakke	Deadgoat	1:41:15
7	Brian Bain	Cyclemeisters/Bow Cycle	1:41:15
8	Kevin Noble	United Cycle	1:42:08
9	Roy Custodio	Terrascope	1:42:28
10	Shaun Adamson	United Cycle	1:45:59
11	Kevin Lega	United Cycle	1:48:18
12	Jared Wilson	River Valley Cycle	1:50:43
13	Johnathan Shalapay	United Cycle	1:54:00
14	Robert Leeds	Cyclemeisters/Bow Cycle	2:16:37

Senior Elite Female 5 Laps (30 km)

1	Mical Dyck	Terrascope	1:40:01
2	Madelaine Bate	Terrascope	1:45:01
3	Trish Grajczyk	Deadgoat	1:46:01
4	Marisa Tosi	Terrascope	1:50:07
5	Christine Misseghers	Mountain Bike City	1:51:00
6	Katherine White	Cyclemeisters/Bow Cycle	1:58:13
7	Sandy Ayre	Pedalhead	2:00:21
8	Pepper Harlton	Dirt Girls	2:01:43

Senior Elite Male 6 Laps (36 km) 2 DNF

1	Neil Grover	Mountain Bike City	1:43:05
2	Troy Misseghers	Mountain Bike City	1:45:11
3	Evan Sherman	United Cycle	1:46:22
4	Niclas Christofferson	Independent	1:50:37
5	Pat Doyle	Deadgoat	1:51:18
6	Devin Erfle	Deadgoat	1:52:05
7	Adam Bailey	Blacksheep	1:52:37
8	Duane Myers	Terrascope	1:55:47
9	Ryan Hopping	ERTC/redbike	1:57:14
10	Michael Sarnecki	Pedalhead	1:59:21
11	Dion Clark	Cyclemeisters/Bow Cycle	1:59:45
12	Johnathan Nutbrown	The Bike Shop	2:04:48

BMX-cite!

A supplement to the Alberta Spin magazine

by Sue Hetherington BMX Mom

Redcliff BMX-

Excitedly joining the ranks of The Alberta Bicycle Association and the Canadian Cycling Association is the new Redcliff BMX Association.

This small community is located 10 km west of Medicine Hat. With a population of some 5,000, the people here are excited about having a successful regulation racing track. Redcliff has been the home of a BMX track for 10 years now. The small track, located in downtown Redcliff, was built by the local Lion's club who wanted something more for the local kids to do. The track is very well used and maintained regularly by the riders who use it.

With a little vision and a lot of support from dedicated and experienced Alberta BMX members, the town unanimously agreed to donate the existing site and add more land to help make the track regulation. The town of Redcliff generously offered to help build the track up, as well. All the dirt to be used is donated. Local officials have even offered to come out and help build. We are very excited to announce the Lion's Club of Redcliff is continuing their support of BMX in the community by becoming a major sponsor of the

Redcliff BMX organization. Other community businesses are coming on board as the news gets out and we anticipate a thriving beginning for our club in 2005. Enough dirt has been hauled to build two of the several corners in the new area and dirt is being dropped regularly by the community.

The track design has been created by Victor and Justin Doehring from Medicine Hat using the UCI track building program. Their design will to help introduce new riders to the sport of BMX racing, while still offering challenges for the more experienced riders. The new executive is busy gathering sponsors and acquiring all necessary items to operate and organize a regulation BMX race. Any and all items from other Alberta tracks that are not being used are greatly appreciated. The members of The Redcliff BMX Club are anxious to meet everyone from all of the Alberta and Canadian tracks in 2005. Please accept this as your personal invitation to come and visit your newest neighbours and say hi!

For donations of unused items or questions about the newest club in Alberta you can contact: Adrian Kelly - President at redcliff_bmx@telus.net or 403-548-2285.🚲

New kids on the block



Some more of Brett Gundlock's (Lethbridge BMX) flashy photos of the high-flying, quick-turning acion at the Morley track.

Alberta BMX Cup #2 - Cochrane / Morley, AB June 3, 2005

#	Name	Track
7 Novice Female		
1	Nicole Schilling	Stony Plain BMX
2	Rokelle Donahue	Calgary BMX
3	Kiana Van Ee	Lethbridge BMX
4	Megan Vickery	Saint Albert BMX

9 Novice Female		
1	Shelby Scammell	Edmonton BMX
2	Veronica Seitz	Calgary BMX
3	Vanessa Hood (8NF)	Medicine Hat BMX
4	Taylor Jones (8NF)	Airdrie BMX

10 Novice Female		
1	Megan Bosak	Calgary BMX
2	Isabel Mayfield	Edmonton BMX
3	Stephanie Hood	Medicine Hat BMX
4	Kendra Vandenhoven	Airdrie BMX
5	Kassie Davies	Medicine Hat BMX
6	Megan Jackson	Stony Plain BMX

10 Expert Female		
1	Taylor Dick	Calgary BMX
2	Tanna Rach	Lethbridge BMX
3	Yvonne Kingston (9XF)	Med. Hat BMX

11 Expert Female		
1	Chelsea Kingston	Medicine Hat BMX
2	Brittany Fortin	Cochrane BMX
3	Meaghan Schofield	Airdrie BMX
4	Jacqueline Chambers	Edmonton BMX
5	Cassie Crawford (11NF)	Cochrane BMX

12 Expert Female		
1	Sabrina Millman	Cochrane BMX
2	Kayla Best	Red Deer BMX
3	Jennifer Harrington	Lethbridge BMX
4	Desirae Lupino (12NF)	Airdrie BMX

13 Expert Female		
1	Abbey Graalman	Red Deer BMX
2	Kyra Mcleod	Calgary BMX
3	Candace Mazur	Saint Albert BMX
4	Kyndrilyn Perverseff	Lethbridge BMX
5	Kelsey Gerlitz	Red Deer BMX

15 Novice Female		
1	Sara Taylor	Medicine Hat BMX
2	Jocelyn Rutko	Okotoks BMX
3	Amanda Lavorato (14NF)	Leth. BMX
4	Karlie Marshall (14NF)	Red Deer BMX
5	Victoria Fontaine	Calgary BMX

15 Expert Female		
1	Michilla Negenman	Calgary BMX
2	Megan Frew (14XF)	Calgary BMX
3	Cayla Loewen	Edmonton BMX
4	Mandi Lowen	Red Deer BMX
5	Lindsay Harrington	Lethbridge BMX

16 Expert Female		
1	Kaila Sweeney	Airdrie BMX
2	Alannah Johnston	Red Deer BMX
3	Kristen Richardson	Lethbridge BMX

Junior Female		
1	Christine Miller	Airdrie BMX
2	Keri-Ann Brown	Airdrie BMX
3	Amy Brown	Airdrie BMX
4	Lindsay Edwards	Airdrie BMX

Elite Female		
1	Adrienne Binnie	Medicine Hat BMX
2	Lori Smith	???
3	Christine Quennell	Airdrie BMX

5 and 6 Novice Male		
1	Kent Isaac	Calgary BMX
2	Iain Hopkins	Calgary BMX
3	Colton Kroon	Okotoks BMX
4	Nolan Delauw	Lethbridge BMX
5	Adam Kendall	Okotoks BMX
6	Connor Manahan	Cochrane BMX
7	Conner Scammell	Edmonton BMX
8	Brayden Wasyliv	Calgary BMX
	Sam Bradford	Edmonton BMX
	Kade Best	Red Deer BMX
	Connor Kerfoot	Calgary BMX

7 Novice Male		
1	Drew Lane	Calgary BMX
2	Matthew Dyck	Airdrie BMX
3	Brodie Kerfoot	Calgary BMX
4	Dawson Javorsky	Cochrane BMX
5	Deven Kawa	Stony Plain BMX
6	Hayden Gutiw	Calgary BMX
7	Bailey Sproxtion	Stony Plain BMX
8	CJ Sargent	Edmonton BMX
	Shane Koch	Red Deer BMX
	Nolan Lunt	Red Deer BMX
	Jordan Eikenberry	Airdrie BMX
	Wyatt Kulak	Stony Plain BMX

7 Intermediate Male		
1	Jesse Bootland	Airdrie BMX
2	Kirby Phillips	Medicine Hat BMX
3	Greg Jackson	???
4	Owen Eikenberry (5-6IM)	Airdrie BMX
5	Nash Sweeney	Calgary BMX
6	Riley Lavorato (5-6NM)	Leth. BMX
7	Joel Quennell	Airdrie BMX

7 Expert Male		
1	Jordan Green	Airdrie BMX
2	Cody Pratt	Red Deer BMX
3	Aidan Martens	Airdrie BMX

8 Novice Male		
1	Chase Kelln	Airdrie BMX
2	Chase Harrison	Red Deer BMX
3	Marshal Van Iderstine	Cochrane BMX
4	Tristan Hidalgo	Calgary BMX
5	Dalton Wright	Airdrie BMX
6	Daniel Wilson	Calgary BMX
7	Joshua Seitz	Calgary BMX
8	Chase Davies	Medicine Hat BMX
	Daylon Kulak	Stony Plain BMX

8 Intermediate Male		
1	James Sekora	Red Deer BMX
2	Jesse Profit	Cochrane BMX
3	Nathan Pistore	Airdrie BMX
4	Taylor Otterson	Cochrane BMX
5	Jared Compagnon	Edmonton BMX
6	Lane Ouellette	Calgary BMX
7	Benjamin Croft	Airdrie BMX
8	Brock Young	Lethbridge BMX
	Garrett Kendall	Okotoks BMX

8 Expert Male		
1	Brett Sieders	Airdrie BMX
2	Bradley Bergshoeff	Cochrane BMX
3	Brandon Pagenkopf	Airdrie BMX
4	Kylar Van Ee	Lethbridge BMX

9 Novice Male		
1	Eric Keir	Cochrane BMX
2	Joshua Ritter	Red Deer BMX
3	Graydon Verner	Cochrane BMX
4	Grayson Javorsky	Cochrane BMX

5	Lucas Beyer	Stony Plain BMX
6	Shelby Mysek	Okotoks BMX
7	Bobby Warrener	Red Deer BMX
8	Ty Watson	Airdrie BMX
	Jared Sproxtion	Stony Plain BMX
	Riley Manahan	Cochrane BMX

9 Intermediate Male		
1	Brandon Koch	Red Deer BMX
2	Troy Proskiw	Edmonton BMX
3	Austin Schwanke	Stony Plain BMX
4	Kyle Chambers	Edmonton BMX
5	Brulan Kroon	Okotoks BMX
6	Tyler Swanson	Red Deer BMX
7	Tavish Striemer	Airdrie BMX

9 Expert Male		
1	Tanner Vandenhoven	Airdrie BMX
2	Stefan Pacheco	Airdrie BMX
3	Clay Geddert	Lethbridge BMX
4	Ross Delauw	Lethbridge BMX
5	Christian Stronach	Calgary BMX
6	Lee Ouellette	Calgary BMX

10 Novice Male		
1	Cameron Howell	Okotoks BMX
2	Mitchell La Chappelle	Airdrie BMX
3	Kurtis Zacharias	Calgary BMX
4	Justin Mainville	Red Deer BMX
5	Lance Phillips	Medicine Hat BMX
6	Kaden Hyndman-Peshke	Red Deer BMX
7	Conner Lunger	Stony Plain BMX
8	Max Lavallee	Okotoks BMX
	Thomas Corsiatto	Red Deer BMX
	Jaden Donahue	Calgary BMX

10 Intermediate Male		
1	Derek Newman	Edmonton BMX
2	Andrew Oucharek	Airdrie BMX
3	Nathan Molander	Red Deer BMX
4	Miles Hares	Cochrane BMX
5	Cody Bromley	Airdrie BMX
6	Graham Hughes	Okotoks BMX
7	Reed Bradford	Edmonton BMX
8	Logan Jones	Airdrie BMX
	Nickolas Wilsom	Calgary BMX
	Austin Schiffner	Airdrie BMX
	Anthony Prinsen	Red Deer BMX
	Owen Nakamura	Okotoks BMX

10 Expert Male		
1	Austin Higgins	Lethbridge BMX
2	Tanor Milligan	Red Deer BMX
3	Kyle Sieders	Airdrie BMX
4	Austin Vandenhoven	Airdrie BMX
5	Wayde Dochuk	Stony Plain BMX
6	Isaac Niles	Okotoks BMX
7	Tyson Best	Red Deer BMX
8	Ryley Irving	Medicine Hat BMX
	Tyler Schilling	Stony Plain BMX

11 Intermediate Male		
1	Nathan Johnson	Medicine Hat BMX
2	Steven Fithen	Stony Plain BMX
3	Dylan Koch	Red Deer BMX
4	Logan Marshall	Red Deer BMX
5	Dayton Peterson	Airdrie BMX
6	Justin Schwanke	Stony Plain BMX
7	Chase Stewart	Airdrie BMX
8	Cameron Svenshek	Stony Plain BMX
	Mathew Johnston	Red Deer BMX
	Ryley David	Medicine Hat BMX
	Cole Miller	Okotoks BMX
	Tanner Hegarty	Okotoks BMX

Devon Vickery Saint Albert BMX
 Jeffrey Beveridge Calgary BMX
 Matthew Pidhirney Red Deer BMX
 Kyle Gannon Edmonton BMX
 Louis Chartrain Calgary BMX
 Dylan Bosak Calgary BMX
 Jordan Lessard Airdrie BMX
 Robbie Townsend Edmonton BMX
 Morgan Cairns Okotoks BMX

11 Expert Male

1 Rob Herriman Airdrie BMX
 2 Aaron Wight Calgary BMX
 3 Chase Felker Okotoks BMX
 4 Cameron Lavorato Lethbridge BMX
 5 Timothy Pratt Red Deer BMX
 6 Justin Irving Medicine Hat BMX
 7 Zachary Burke Airdrie BMX
 8 Thomas Pistore Airdrie BMX
 Steven Loewen Edmonton BMX
 Cody Basiuk Airdrie BMX

12 Novice Male

1 Brian Reinhardt Cochrane BMX
 2 Graham Blake Okotoks BMX
 3 Colin Urquhart (11NM) Calgary BMX
 4 Corbin Lunger Stony Plain BMX
 5 Coleman Buhler Stony Plain BMX
 6 Taylor Phillips Medicine Hat BMX
 7 Corey Brown Airdrie BMX

12 Intermediate Male

1 Brandon Kerik Airdrie BMX
 2 Jake Adams Airdrie BMX
 3 Tavis Stewart Airdrie BMX
 4 Brandon Molander Red Deer BMX
 5 Hayden Schiffner Airdrie BMX
 6 Brandon Ulrich Airdrie BMX
 7 Garry Griffin Red Deer BMX
 8 Nathan Storey Airdrie BMX
 Mackellar Wilkie Okotoks BMX
 Colton Leduc Okotoks BMX

12 Expert Male

1 Simon Meili Airdrie BMX
 2 Jason Lupino Airdrie BMX
 3 Colton Higgins Lethbridge BMX
 4 Ryan Spracklin Edmonton BMX
 5 Mitchell Oucharek Airdrie BMX
 6 Adam Bourns Calgary BMX
 7 Kelyn Opel Edmonton BMX
 8 Cody Negenman Calgary BMX
 Taylor Milligan Red Deer BMX

13 Novice Male

1 Aaron James Airdrie BMX
 2 Landon Ferris Red Deer BMX
 3 Brett Bekolay Velocity

13 Intermediate Male

1 Nick Bailie Stony Plain BMX
 2 Colby Doyle Edmonton BMX
 3 Chris Windrim Red Deer BMX
 4 Garth Philpott Lethbridge BMX
 5 Cameron Helm Okotoks BMX
 6 Bryan Richardson Lethbridge BMX
 7 Clint Latwaitis Red Deer BMX
 8 Adam Anderson Edmonton BMX
 Brad Rugg Okotoks BMX
 Duncan Pawson Cochrane BMX

13 Expert Male

1 Dillon Sweeney Airdrie BMX
 2 Erick Nicol Calgary BMX

3 Ronald Townsend Edmonton BMX
 4 Ry Kiehl Calgary BMX
 5 Josh Woolman Red Deer BMX
 6 Joel Miller Stony Plain BMX
 7 Jesse Schofield Airdrie BMX
 8 Harley Ensor Edmonton BMX
 Omar Bainto Airdrie BMX

14 Novice Male

1 Dylan Peterson Airdrie BMX
 2 Jordan Benedet Red Deer BMX
 3 Ryan Kelly Redcliffe BMX
 4 David Reinhardt Cochrane BMX

14 Intermediate Male

1 James Croke Medicine Hat BMX
 2 Cody Beveridge Calgary BMX
 3 Tyler Burke Airdrie BMX
 4 Kyle Bracken Red Deer BMX
 5 Francois Bonjean Edmonton BMX
 6 Alex Vandenhoven Airdrie BMX
 7 Daniel McFalls Edmonton BMX
 8 Dayn Opel Edmonton BMX
 Jesse Basiuk Airdrie BMX
 Isaac Underwood Edmonton BMX

14 Expert Male

1 Kayd Herriman Airdrie BMX
 2 Brandon Brown Airdrie BMX
 3 Matthew Mazur Saint Albert BMX
 4 Derek Howie Calgary BMX
 5 Eric St. Pierre Airdrie BMX
 6 Landen Johnston Red Deer BMX
 7 Landon Gibson Airdrie BMX
 DQ Kyle Perry Edmonton BMX
 Travis Morrow Okotoks BMX
 Daryl Schilling Stony Plain BMX

15 Intermediate Male

1 Brett James (15NM) Airdrie BMX
 2 Tyler Paget Okotoks BMX
 3 Kail Pawson Cochrane BMX

15 Expert Male

1 Shane Clark Lethbridge BMX
 2 Eric Hetherington Medicine Hat BMX
 3 Kain Tetz Red Deer BMX
 4 Devon Kuly Edmonton BMX
 5 Karsten Millman Cochrane BMX
 6 Walter Urvat Cochrane BMX
 7 Trevor Gerlitz Red Deer BMX
 8 Logan Stephenson Airdrie BMX
 Ryan Stewart Edmonton BMX
 Curtis English Stony Plain BMX
 Ken Nicol Edmonton BMX

16 Expert Male

1 Michael Bailey Okotoks BMX
 2 Graham Shepherd Cochrane BMX
 3 Cameran Graalman Red Deer BMX
 4 Jordan Shelton Calgary BMX
 5 Justin Stewart Edmonton BMX
 6 Spencer Doan (16NM) Edmonton BMX
 7 Jordan Abrahamson Airdrie BMX

17 to 29 Intermediate Male

1 Levi Vance (16IM) Red Deer BMX
 2 Scott Donan Edmonton BMX
 3 Stuart Knight Edmonton BMX

17 to 29 Expert Male

1 Josh Webb Calgary BMX
 2 Adam Knight Edmonton BMX
 3 Joshua Foreman Calgary BMX
 4 Brett Gundlock Lethbridge BMX

Junior Male

1 Matt Yoisten Calgary BMX
 2 Patrick Lebel Airdrie BMX
 3 Cody Bell Airdrie BMX
 4 Brady Van Keulen Edmonton BMX
 5 Jesse Kowall Saint Albert BMX
 6 Justin Gundlock Lethbridge BMX

Elite Male

1 Aaron Lepp Airdrie BMX
 2 Christopher Nakamura Okotoks BMX
 3 Trent Batchelor Calgary BMX
 4 Kenny Arthur Calgary BMX
 5 Neil Fluet Edmonton BMX
 6 Justin Doehring Redcliffe BMX

Cruiser 13 and 14 Male

1 Dillon Sweeney Airdrie BMX
 2 Abbey Graalman (14-18FC) Red Deer

Cruiser 15 and 16 Male

1 Eric Hetherington Medicine Hat BMX
 2 Justin Stewart Edmonton BMX
 3 Ryan Stewart Edmonton BMX

Cruiser 30 to 34 Male

1 Calvin Berube Velocity
 2 Ryan Negenman (17-29MC) Calgary
 3 Chris Dick Calgary BMX
 4 Kyle Van Ee Lethbridge BMX
 5 Ronald Wasyliw Calgary BMX
 6 Ryan Schiffner Airdrie BMX
 7 Trevor Steinhauer Edmonton BMX
 8 Darcy Fauteux Calgary BMX
 Trevor Helm Okotoks BMX

Cruiser 35 to 39 Male

1 Shawn Loewen Edmonton BMX
 2 Mark Chambers (30-34MC) Edmonton
 3 Lon Kerfoot Calgary BMX
 4 Jeff Scammell Edmonton BMX
 5 Brian Otterson Cochrane BMX
 6 Dean Best Red Deer BMX
 7 Corey Newman Edmonton BMX

Cruiser 40 to 44 Male

1 Mark Shepherd Cochrane BMX
 2 Greg Oucharek Airdrie BMX
 3 Victor Doehring Medicine Hat BMX
 4 Paul Kroon Okotoks BMX
 5 Tony Fluet Edmonton BMX

Cruiser 45+ Male

1 Larry Corsiatto Red Deer BMX
 2 Rod Kiehl Calgary BMX
 3 Brad James Airdrie BMX
 4 Larry Wilson Calgary BMX

Cruiser 30+ Female

1 Wendy Vandenhoven Airdrie BMX
 2 Tanya Schiffner (19-29FC) Airdrie BMX
 3 Kathy Vandenhoven Airdrie BMX
 4 Jo-Anne Oucharek Airdrie BMX

Open Elite Cruiser

1 Aaron Lepp Airdrie BMX
 2 Neil Sorensen Red Deer BMX
 3 Neil Fluet Edmonton BMX
 4 Patrick Lebel Airdrie BMX
 5 Justin Doehring Redcliffe BMX
 6 Christopher Nakamura Okotoks BMX
 7 Lindsay Edwards Airdrie BMX
 8 Lori Smith ???

#	Name	Track
8 Novice Female		
1	Vanessa Hood	Medicine Hat BMX
2	Nicole Schilling (7NF)	Stony Plain BMX
3	Kianna Van Ee (7NF)	Lethbridge BMX
4	Taylor Jones	Airdrie BMX
5	Brianna Lidstone	

9 Expert Female		
1	Ilana Just	
2	Daina Tuchscherer (8XF)	
3	Yvonne Kingston	Medicine Hat BMX

10 Novice Female		
1	Stephanie Hood	Medicine Hat BMX
2	Kendra Vandenhoven	Airdrie BMX
3	Kassie Davies	Medicine Hat BMX
4	Megan Bosak	Calgary BMX
5	Veronica Seitz (9NF)	

11 Expert Female		
1	Chelsea Kingston	Medicine Hat BMX
2	Brittany Fortin	Cochrane BMX
3	Meaghan Schofield	Airdrie BMX
4	Jordan Riguidel (10XF)	
5	Tanna Rach	Lethbridge BMX

12 Novice Female		
1	Desirae Lupino	Airdrie BMX
2	Kaylee Jacobsen	
3	Cassi Woolman	

13 Expert Female		
1	Abbey Graalman	Red Deer BMX
2	Sabrina Millman (12XF)	
3	Kyra Mcleod	Calgary BMX
4	Kelsey Gerlitz	Red Deer BMX
5	Kyndrilyn Perverseff	Lethbridge BMX
6	Jennifer Harrington (12XF)	

15 Novice Female		
1	Sara Taylor	Medicine Hat BMX
2	Jocelyn Rutko	Okotoks BMX
3	Karlie Marshall (14NF)	Red Deer BMX
4	Amanda Lavorato (14NF)	Leth. BMX
5	Victoria Fontaine	Calgary BMX

15 Expert Female		
1	Natasha Vergara (14XF)	
2	Michilla Negenman	Calgary BMX
3	Megan Frew (14XF)	Calgary BMX
4	Lindsay Harrington	Lethbridge BMX

16 Expert Female		
1	Kaila Sweeney	Airdrie BMX
2	Alannah Johnston	Red Deer BMX
3	Kristen Richardson	Lethbridge BMX

Junior Female		
1	Christine Miller	Airdrie BMX
2	Amy Brown	Airdrie BMX
3	Lindsay Edwards	Airdrie BMX

5 And 6 Novice Male		
1	Kent Isaac	Calgary BMX
2	Jack Mackinnon	
3	Terryl Shomachuk	
4	Austin Javorsky	
5	Connor Kerfoot	Calgary BMX
6	Zachary Croft	
7	Sam Bradford	Edmonton BMX

7 Novice Male		
1	Hayden Gutiw	Calgary BMX
2	Deven Kawa	Stony Plain BMX
3	Brodie Kerfoot	Calgary BMX
4	Dawson Javorsky	Cochrane BMX
5	Jacob Payne	
6	Damian Wilkinson	
7	Nash Hartford	
8	Dylan Yanke	
9	Carter Kuiper	
10	Bretton MacNeil	

7 Intermediate Male		
1	Kayd Riguidel	
2	Kirby Phillips	Medicine Hat BMX
3	Greg Jackson	
4	Nash Sweeney	Calgary BMX
5	Riley Lavorato (5-6IM)	Lethbridge BMX
6	Keegan Brown	

8 Novice Male		
1	Marshal Van Iderstine	Cochrane BMX
2	Cole Mackinnon	
3	Chase Harrison	Red Deer BMX
4	Jacob Renaud	
5	Joshua Seitz	Calgary BMX
6	Chase Davies	Medicine Hat BMX

8 Intermediate Male		
1	Taylor Otterson	Cochrane BMX
2	Corwyn Shomachuk	
3	Jesse Profit	Cochrane BMX
4	Lane Ouellette	Calgary BMX
5	James Sekora	Red Deer BMX
6	Chase Kelln	
7	Tristan Hidalgo	
8	Benjamin Croft	Airdrie BMX
9	Brock Young	Lethbridge BMX
10	Mitchell Muttitt	

8 Expert Male		
1	Bradley Bergshoeff	Cochrane BMX
2	Brett Sieders	Airdrie BMX
3	Cody Pratt (7XM)	Red Deer BMX
4	Kylar Van Ee	Lethbridge BMX
5	Aidan Martens (7XM)	

9 Novice Male		
1	Steven Young	
2	Ty Watson	Airdrie BMX
3	Carter Forsyth	
4	Shelby Mysek	Okotoks BMX
5	Grayson Javorsky	Cochrane BMX
6	Ryan Macneil	

9 Intermediate Male		
1	Braden Karish	
2	Eric Keir	
3	Tyler Swanson	Red Deer BMX

9 Expert Male		
1	Stefan Pacheco	Airdrie BMX
2	Tanner Vandenhoven	Airdrie BMX
3	Lee Ouellette	Calgary BMX

10 Novice Male		
1	Max Lavallee	Okotoks BMX
2	Cameron Howell	Okotoks BMX
3	Mitchell La Chapelle	Airdrie BMX
4	Lance Phillips	Medicine Hat BMX
5	Kyle West	
6	Conner Lunger	Stony Plain BMX
7	Zach Lien	
8	Justin Mainville	Red Deer BMX

9	Dallas Yanke	
10	Zachary Jones	
11	Kayne Cooper	

10 Intermediate Male		
1	Derek Newman	Edmonton BMX
2	Andrew Oucharek	
3	Miles Hares	Cochrane BMX
4	Logan Jones	Airdrie BMX
5	Anthony Prinsen	Red Deer BMX
6	Austin Schiffner	Airdrie BMX
7	Reed Bradford	Edmonton BMX
8	Nolan Hehr	

10 Expert Male		
1	Austin Higgins	Lethbridge BMX
2	Mark Bernacki	Airdrie BMX
3	Tanor Milligan	Red Deer BMX
4	Kyle Sieders	Airdrie BMX
5	Tyler Schilling	Stony Plain BMX
6	Austin Vandenhoven	Airdrie BMX
7	Wayde Dochuk	Stony Plain BMX
8	Justin Tuchscherer	
9	Ryley Irving	Medicine Hat BMX

11 Intermediate Male		
1	Nathan Johnson	Medicine Hat BMX
2	Logan Marshall	Red Deer BMX
3	Dayton Peterson	Airdrie BMX
4	Cameron Svenshek	Stony Plain BMX
5	Steven Fithen	Stony Plain BMX
6	Mathew Johnston	Red Deer BMX
7	Dylan Bosak	
8	Ryley David	Medicine Hat BMX

11 Expert Male		
1	Timothy Pratt	Red Deer BMX
2	Rob Herriman	Airdrie BMX
3	Zachary Burke	Airdrie BMX
4	Cody Basiuk	Airdrie BMX
5	Cameron Lavorato	Lethbridge BMX
6	Chase Felker	Okotoks BMX
7	Justin Irving	Medicine Hat BMX

12 Novice Male		
1	Brian Reinhardt	Cochrane BMX
2	Jack Read	
3	Brandon Burles	
4	Cole Ouellette (11NM)	
5	Taylor Phillips	Medicine Hat BMX
6	Corey Brown	Airdrie BMX
7	Corbin Lunger	Stony Plain BMX

12 Intermediate Male		
1	Brandon Kerik	Airdrie BMX
2	Tavis Stewart	Airdrie BMX
3	Alex Hagel	
4	Jake Adams	Airdrie BMX
5	Zachary Fortin	
6	Brandon Ulrich	
7	Garry Griffin	Red Deer BMX
8	Hayden Schiffner	Airdrie BMX
9	Mackellar Wilkie	Okotoks BMX
10	Nathan Storey	Airdrie BMX
11	Graham Blake	

12 Expert Male		
1	Simon Meili	Airdrie BMX
2	Colton Higgins	Lethbridge BMX
3	Adam Bourns	Calgary BMX
4	Cody Negenman	Calgary BMX
5	Jason Lupino	Airdrie BMX
6	Mitchell Oucharek	Airdrie BMX

13 Intermediate Male

1	Cameron Helm	Okotoks BMX
2	Nick Bailie	Stony Plain BMX
3	Garth Philpott	Lethbridge BMX
4	Chris Windrim	Red Deer BMX
5	Bryan Richardson	Lethbridge BMX
6	Clint Latwaitis	Red Deer BMX

13 Expert Male

1	Erick Nicol	Calgary BMX
2	Dillon Sweeney	Airdrie BMX
3	Omar Bainto	Airdrie BMX
4	Jesse Schofield	Airdrie BMX
5	Josh Woolman	Red Deer BMX
6	Ry Kiehl	Calgary BMX

14 Novice Male

1	Dylan Peterson	Airdrie BMX
2	David Reinhardt	Cochrane BMX
3	Ryan Kelly	Redcliffe BMX
4	Derek Yanke (13NM)	

14 Intermediate Male

1	Alex Vandenhoven	Airdrie BMX
2	Tyler Burke	Airdrie BMX
3	Dennis Cotton	
4	James Croke	Medicine Hat BMX
5	Jesse Basiuk	Airdrie BMX

14 Expert Male

1	Kayd Herriman	Airdrie BMX
2	Brandon Hetherington	
3	Sam Leuck	
4	Landon Gibson	Airdrie BMX
5	Eric St. Pierre	Airdrie BMX
6	Landen Johnston	Red Deer BMX
7	Daryl Schilling	Stony Plain BMX
8	Travis Morrow	Okotoks BMX

15 Intermediate Male

1	Tyler Paget	Okotoks BMX
2	Nickolas Gulka (14NM)	
3	Evan Cotton	

15 Expert Male

1	Scott Bernacki	Airdrie BMX
2	Shane Clark	Lethbridge BMX
3	Eric Hetherington	Medicine Hat BMX
4	Walter Urbat	Cochrane BMX
5	Kain Tetz	Red Deer BMX
6	Jeffrey Jacobsen	
7	Karsten Millman	Cochrane BMX

16 Expert Male

1	James Brown	Airdrie BMX
2	Cameran Graalman	Red Deer BMX
3	Michael Bailey	Okotoks BMX
4	Scott Croke	

17 To 29 Intermediate Male

1	Jordan Abrahamson (16IM)	
2	Levi Vance (16IM)	Red Deer BMX
3	Scott Donan	Edmonton BMX

17 To 29 Expert Male

1	Brett Gundlock	Lethbridge BMX
2	Josh Webb	Calgary BMX
3	Cory Myziuk	
4	Kristopher Green	
5	Joey Leiding	
6	Adam Knight	Edmonton BMX

Junior Male

1	Patrick Lebel	Airdrie BMX
2	Justin Gundlock	Lethbridge BMX
3	Cody Bell	Airdrie BMX
4	Matt Yoisten	Calgary BMX
5	Jesse Kowall	Saint Albert BMX
6	Brady Van Keulen	Edmonton BMX
7	Adrienne Binnie (EF)	
8	Lori Smith (EF)	

Elite Male

1	Aaron Lepp	Airdrie BMX
2	Evan McClelland	Calgary BMX
3	Trent Batchelor	Calgary BMX
4	Kenny Arthur	Calgary BMX
5	Christopher Nakamura	Okotoks BMX
6	Justin Doehring	Redcliffe BMX
7	Sean Bowes	

Cruiser 15 And 16 Male

1	Eric Hetherington	Medicine Hat BMX
2	Dillon Sweeney (13-14MC)	
3	Kaila Sweeney (14-18FC)	
4	Abbey Graalman (14-18MC)	

Cruiser 30 To 34 Male

1	Shawn Lee	
2	Kyle Van Ee	Lethbridge BMX
3	Darcy Fauteux	Calgary BMX
4	Trevor Steinhauer	
5	Ryan Schiffner	Airdrie BMX
6	Trevor Helm	Okotoks BMX
7	Ryan Negerman (17-29MC)	Calgary

Cruiser 35 To 39 Male

1	Jeff Ingram	Calgary BMX
2	Lon Kerfoot	Calgary BMX
3	Brian Otterson	Cochrane BMX
4	Jody Jacobsen	
5	Corey Newman	Edmonton BMX
6	Todd Shomachuk	
7	Darcy Just	

Cruiser 40 To 44 Male

1	Mark Shepherd	Cochrane BMX
2	Greg Oucharek	Airdrie BMX
3	Victor Doehring	Medicine Hat BMX
4	Paul Kroon	Okotoks BMX
5	Tony Fluet	Edmonton BMX

Cruiser 45+ Male

1	Rod Kiehl	Calgary BMX
2	Victor Doehring (40-44MC)	Med.Hat
3	Greg Oucharek (40-44MC)	Airdrie BMX
4	Ron Mackinnon	
5	Larry Wilson	Calgary BMX

Cruiser 30+ Female

1	Jo-Anne Oucharek	Airdrie BMX
2	Wendy Vandenhoven	Airdrie BMX
3	Tanya Schiffner (19-29FC)	Airdrie BMX
4	Kathy Vandenhoven	Airdrie BMX
5	Ellen Kuiper	

Open Elite Cruiser

1	Aaron Lepp	Airdrie BMX
2	Patrick Lebel	Airdrie BMX
3	Brady Van Keulen (OJRC)	Edmonton
4	Justin Doehring	Redcliffe BMX
5	Christopher Nakamura	Okotoks BMX
6	Lindsay Edwards	Airdrie BMX
7	Lori Smith	



Another of Brett Gundlock's (Lethbridge BMX) pictures of the indoor action at the Morley track.

ERTC and redbike present the 11th Pigeon Lake Road Race

Mulhurst Bay, AB May 29, 2005

Women A

	77 km	1 DNF
1 Susan Copeland	Juventus	2:16:10
2 Nikki Lavoie	Juventus	2:16:10
3 Heather Oswald	ERTC	2:16:10
4 Kristin Campbell	Pedalhead RW/Sleeman	2:16:10
5 Amy Woodward	Bow/Cyclemeisters	2:16:10
6 Anna Paton	Velocity	2:16:10
7 Gail Wozny	Juventus	2:16:10
8 Jessica DeMars	The Bike Shop	2:16:10
9 Nola Zwarich	The Bike Shop	2:16:10
10 Tanya Bagnell	ERTC/Redbike	2:21:00

Women B

	77 km	5 DNF
1 Joanne Breaux	Bicisport	2:16:10
2 Bobbi Barbarich	United Cycle	2:16:10
3 Jennifer St. Pierre	Velocity	2:16:10
4 Nicole Joelson	Velocity	2:16:10
5 Dianna Kennedy	Synergy	2:16:10
6 Joy Mekechuk	Juventus	2:16:10
7 Natasha Kuzmak	Synergy	2:16:10
8 Kristin Baker	Velocity	2:16:10
9 Lindsay Heriick	Pedalhead RW/Sleeman	2:16:10
10 Pepper Harlton	DirtGirls	2:16:10
11 Sian Barraclough	Velocity CC	2:16:10
12 Janka Hegedus	Pedalhead RW/Sleeman	2:16:10
13 Nathalie Friebe	Bow/Cyclemeisters	2:18:48
14 Kristy Lerch	Juventus	2:21:00
15 Rebecca Morris	Bicisport	2:27:01
16 Sandra Yaworski	Way Past Fast	2:27:32
17 Diana Klaassen Russell	Way Past Fast	2:38:21
18 Michelle Hook	Pedalhead RW/Sleeman	2:38:04

Cat 1&2

	136 km	6 DNF
1 Cameron McKnight	ERTC/redbike	3:33:00
2 Tim Heemskirk	United Cycle	3:35:45
3 Jere Hu	ERTC/redbike	3:35:45
4 Bruce Copeland	Juventus	3:35:45
5 Sean Barr	Pedalhead RW/Sleeman	3:38:20
6 Matt Decore	Pedalhead RW/Sleeman	3:38:55
7 Zbigniew Szymanski	United Cycle	3:39:00
8 Kevin Rokosh	ERTC/redbike	3:39:00
9 Reid Dalgleish	Synergy	3:40:19
10 Ted Dahms	Pedalhead RW/Sleeman	3:40:37
11 Steve German	The Bike Shop	3:40:50
12 Guri Randhawa	Pedalhead RW/Sleeman	3:40:50
13 John Twells	Pedalhead	3:40:50
14 Scott Manktelow	Rundle Mountain	3:40:50
15 Tim Ogryzlo	Pedalhead	3:40:50
16 John Bence	bicisport	3:40:50
17 Peter Toth	ERTC/redbike	3:40:58
18 Graeme Thomson	bicisport	3:43:55
19 Harley Borlee	Velocity	3:46:56
20 David Ariano	ERTC/redbike	3:46:56
21 Sean Huggins-Chan	bicisport	4:03:00

Cat 3

	117.2 km	5 DNF
1 Devon Smibert	Synergy	3:05:38
2 Mike Bidniak	Juventus	3:07:18
3 Devin Erfle	Deadgoat	3:07:18
4 Brian Bain	Cyclemeisters/Bow Cycle	3:07:18
5 Dennis Bland	Crankmasters	3:07:18
6 Michael Johns	CABC / Projekt One	3:07:18
7 Stephen Ferris	ERTC / redbike	3:07:18
8 Tim Bulger	ERTC / redbike	3:07:18
9 Tommy Mak	Eurotech	3:07:18
10 Jack Van Dyck	Terrascape	3:07:18
11 David Watson	Velocity	3:07:18
12 Steve Martins	Hardcore	3:07:18
13 Niall McGrath	ERTC / redbike	3:07:18
14 Brian Zurek	Pedalhead RW/Sleeman	3:07:23
15 Paul MacDonald	United Cycle	3:07:23
16 Brian Kullman	Synergy	3:07:23

17 Claudio Ongaro	Juventus	3:07:23
18 Scott Singbeil	Edmonton Masters CC	3:10:52
19 John Reiss	Pedalhead RW/Sleeman	3:11:36
20 Frank Kovacs	Synergy	3:15:01
21 Craig Borgland	Bicisport	3:16:27
22 Dan Bierd	Bicisport	3:17:50
23 Anthony Stadnyk	Bicisport	3:18:17
24 James Purdy	Bicisport	3:18:17
25 Orest Massiti	Bicisport	3:19:03
26 Dominic Gauvin	Rocky Mtn. B'n'B	3:19:03
27 Curtis Roper	Velocity	3:20:40
28 Dave Ellis	Pedalhead RW/Sleeman	3:22:24
29 Dave Kennedy	Cyclemeisters/Bow Cycle	3:30:06
30 Shawn Farion	Bicisport	3:31:13

Cat 4

	96 km	
1 Cyrus Kangaroo	Synergy	2:29:17
2 Spencer Smitheman	Juventus	2:29:17
3 Darren Anderson	Pedalhead	2:29:17
4 Keith Bayly	Deadgoat	2:29:17
5 Aaron Chappell	ERTC/redbike	2:29:17
6 Kenneth Reiss	Pedalhead RW/Sleeman	2:29:17
7 Shane Frahm	Edmonton Masters CC	2:29:17
8 Myles Marshall	ERTC/redbike	2:29:17
9 Rod MacAlistar	Crankmasters	2:29:17
10 Dion Clark	Cyclemeisters/Bow Cycle	2:29:17
11 Kevin Noble	United Cycle	2:29:17
12 Jonathan Keats	Pedalhead	2:29:17
13 Reid Cummings	Cyclemeisters/Bow Cycle	2:29:17
14 Nikolas Jackman	United Cycle	2:29:17
15 Peter Heppleston	Edmonton Masters CC	2:29:17
16 Carson Bannon	TRS Racing	2:29:17
17 Eric Smith	Cyclemeisters/Bow Cycle	2:29:17
18 Craig Fraser	Calgary Cycle	2:29:17
19 Geoff Clark	Deadgoat	2:29:17
20 Paul Martin	Deadgoat	2:29:17
21 Paul Robertson	Terrascape	2:29:17
22 Jack Funk	Deadgoat	2:29:17
23 Brys Francis	United Cycle	2:29:17
24 Mark Rumsey	Hardcore	2:29:17
25 Tracy Shearer	Juventus	2:29:41
26 LeRoy Brower	Pedalhead RW/Sleeman	2:30:09
27 Geoff MacDonald	Grand Prairie	2:30:17
28 Brennan Bagdar	Pedalhead RW/Sleeman	2:30:17
29 Gord Morrison	Edmonton Masters CC	2:30:17
30 Neil Johns	Hardcore	2:30:17
31 Will Carry	Pedalhead RW/Sleeman	2:30:23
32 Kirk Schmiedge	TRS Racing	2:31:07
33 Jason Curran	Pedalhead RW/Sleeman	2:31:07
34 Barry Evans	Juventus	2:33:35
35 Michael Meerer	CABC / Projekt One	2:33:35
36 Wayne Long	United Cycle	2:34:59
37 James Kenny	Crankmasters	2:34:59
38 Greg Yanicki	Bicisport	2:34:59
39 Carlos Salas	TRS Racing	2:36:00
40 Jan Sacharuk	Pedalhead RW/Sleeman	2:36:52
41 Mark Stranzinger	Terrascape	2:37:29
42 Steve Schiefler	Velocity	2:38:08
43 Paul Ermantrout	Velocity	2:38:26
44 Dan Hunka	Juventus	2:39:43
45 Frank Woolstencroft	TRS Racing	2:42:33
46 Murray Aubin	ERTC/redbike	2:43:26
47 Chris Stipdonk	United Cycle	2:52:00
48 Tim Reiss	Pedalhead	2:52:00
49 Randy Murchison	Velocity	2:52:22
50 ?? 562		2:53:30
51 ?? 416		2:53:30
52 ?? 641		2:53:30
53 Wayne Douglas	United Cycle	3:03:20
54 Bill Blonski	Bicisport	3:29:26

Cat 3's negotiate the hairpin at the SE corner of the course.
Photo by Alan Schietzsch ARS Technical Images



Cat 5

56 km 6 DNF, 2 not placed			
1	Geoff Webb	Cyclemeisters/Bow Cycle	1:30:11
2	Justin Middleton	Juventus	1:30:11
3	Mark Beese	Rundle Mtn CC	1:30:11
4	Jeff Neilson	Terrascape	1:30:11
5	Lance Adamson	United Cycle Racing Team	1:30:11
6	Trevor Pombert	United Cycle Racing Team	1:30:11
7	Andrew Phelps	Crankmasters	1:30:11
8	Paul Plakas	Pedalhead RW/Sleeman	1:30:11
9	Clint Millard	United Cycle	1:30:11
10	Don Fox	Juventus	1:30:11
11	Gunnar Giese	United Cycle	1:30:11
12	Jeff Innes	ERTC/redbike	1:30:11
13	Aaron Amar	Pedalhead RW/Sleeman	1:30:11
14	Bodgan Braun	United Cycle	1:30:11
15	Craig Schmitt	Independant	1:30:11
16	Folker Jakel	Crankmasters	1:30:11
17	Brad King	United Cycle	1:30:11
18	Jim Wiley	Edmonton Masters CC	1:30:11
19	John Maynes	Pedalhead RW/Sleeman	1:30:11
20	Evan Firth-Eagland	Bicisport	1:30:11
21	Zane Westerbeek	Synergy	1:30:21
22	Michael Zelensky	Terrascape	1:30:21
23	Helge Halvorsen	Edmonton Masters CC	1:30:26
24	Mark Dumesnil	Pedalhead RW/Sleeman	1:30:26
25	Kyle Anderson	ERTC/redbike	1:30:30
26	Thomas Lane	Pedalhead RW/Sleeman	1:30:37
27	David Quaschnick	Pedalhead RW/Sleeman	1:30:37
28	Scott Book	ERTC/redbike	1:34:34
29	Marc Mahabir	Juventus	1:36:02
30	Steve Samson	Crankmasters	1:36:02
31	Greg Heath	Synergy	1:36:02
32	Hilary Vaughn	Ind BC	1:37:23
33	Ivan Todosijczuk	ERTC/redbike	1:39:33
34	James Tallian	Alberta Randonneurs	1:41:28
35	James Mollison	Bicisport	1:41:32
36	Gary Taylor	Crankmasters	1:41:32
37	Norm Smith	Crankmasters	1:43:17
38	Chris Appelman	Cyclemeisters/Bow Cycle	1:44:19
39	Mark Baril	Independant	1:46:04
40	Greg Christensen	Crankmasters	1:46:48
41	Michael Faulkner	Edmonton Masters CC	1:46:48
42	Shane Siegel	Pedalhead RW/Sleeman	1:46:48
43	Will Monteath	Juventus	1:46:48
44	Andrew Schietzsch	Juventus	1:47:08
45	Emils Muehlenbachs	Pedalhead RW/Sleeman	1:47:13
46	Willem Langenberg	Juventus	1:47:15
47	Heinrich de Jongh	ERTC/redbike	1:47:34
48	Jean-Claude Coupal	United Cycle	1:47:41
49	Paul Broska	Crankmasters	1:50:50
50	551 ???	???	1:50:59
51	Al McCalder	Edmonton Masters CC	1:54:08
52	Don McCabe	Edmonton Masters CC	1:54:08
53	George Berry	Velocity	1:54:19
54	Marie Kaplan(W)	Juventus	1:55:22
55	Karen Cameron(W)	Crankmasters	1:55:22
56	Sandy O'Brien Cousins(W)	Edm. Masters CC	1:55:22
57	Brayden McDougall	Bicisport	1:55:49
58	David Larson	Juventus	1:56:08
59	Sinh Lam Chiem	United Cycle	1:59:07
60	William Turner	Pedalhead RW/Sleeman	1:59:35
61	Paul Kozak	ERTC/redbike	1:59:35
62	720 ???	???	1:59:35
63	Andy Wilson	United Cycle	2:00:20
64	John Berezcki	Bicisport	2:00:20
65	Myron Stadnyk	Bicisport	2:03:40
66	Danny Rose	Crankmasters	2:05:17
67	Stewart Hutchings	United Cycle	2:05:47
68	Val Trainer(W)	Juventus	2:07:04
69	Carol Johns(W)	Juventus	2:11:02
70	Tim Lockie	United Cycle	2:16:26

Note: Day licenses may be used to enter some categories in those races listed in italics.

XC - Cross-country, DH - Downhill, MX - Marathon, 4X - 4-cross, RR - Road Race, CRIT - Criterium, ITT - Individual Time Trial, TTT - Team Time Trial, SR - Stage Race, CC - Canada Cup

DATE	EVENT	NAME	LOCATION	ORGANIZER	PHONE	EMAIL/WEBSITE
August 20 - 21	MTB XC, DH	World Masters Champs	Sun Peaks, BC	Mondial du Velo		www.mondialduvelo.com
August 21	Road RR	Road Provincials	Red Deer	CABC		centralalbertabicycle@yahoo.com
August 21	BMX	AB BMX Cup #6	Lethbridge	Alberta BMX		www.albertabmx.com
August 27	Track	Name Forthcoming	Calgary	CBTL		www.cbtl.ca
August 28	MTB XC	MTB Provincials	Bragg Creek	Deadgoat		www.deadgoat.ca
September 3 - 5	Road RR, ITT, CRIT	Youth Road Championships	Calgary			www.albertabicycle.ab.ca
September 3 - 5	MTB MX, DH	Baseline DH SR & Enduro	Rocky Mtn House	RMBNB	403-845-2204	www.rmbnb.com
September 4	Road ITT	Provincial Time Trial	Lethbridge	Headwinds	403-381-9466	www.headwinds.ab.ca
September 5	Road TTT	Provincial Team Time Trial	Lethbridge	Headwinds	403-381-9466	www.headwinds.ab.ca
September 4	BMX	AB BMX Cup #7	Airdrie	Alberta BMX		www.albertabmx.com
September 5	BMX	AB BMX Provincials	Airdrie	Alberta BMX		www.albertabmx.com
September 11	Road RR	Masters Road Race	Okotoks	Crankmasters		oldhambj@telus.net
September 11	MTB MX	Bowness Nationals	Station Flats	Bow Cycle		www.bowcycle.com
September 18	Road ITT	Mt. Norquay Hill Climb		Cyclemeisters/Team Bow Cycle		www.teambowcycle.com
September 24	BMX	Western Nat'l Series #5	Abbotsford, BC	Abbotsford BMX		
September 25	BMX	Western Nat'l Final	Abbotsford, BC	Abbotsford BMX		
September 25	Cyclo-cross	Pedalhead 'cross	Edmonton	Pedalhead Road		
October 2	Cyclo-cross	Bow 'cross	Calgary	Cyclemeisters/Team Bow Cycle		www.teambowcycle.com
October 8	Cyclo-cross	Velo 'cross '05	Edmonton	Velocity		www.velocitycycling.com
October 9	Cyclo-cross	Grote Prijis Strathcona CX	Edmonton	United Cycle		www.unitedcycle.com
October 16	Cyclo-cross	Calgary-area 'cross	Calgary	cp Walsh		fvk6@yahoo.ca
October 23	Cyclo-cross	Deadgoat 'cross	Calgary	Deadgoat		www.deadgoat.ca
October 30	Cyclo-cross	Cyclo-cross Provincials	Red Deer	CABC		centralalbertabicycle@yahoo.com
November 6	Cyclo-cross	National Championships	Hardwood Hills	Glenn Meeuwisse	705-487-3775	www.hardwoodhills.on.ca

McKenzie and DeMars take Rundle Crit

from the RMCC website <http://www.rundlemountaincycling.com/>

In front of throngs of rabid fans (and even more rabid race announcers), Ryan McKenzie repeated his 2004 victory in the Men's Open category with a late-race 2-man breakaway with Jamie Sparling (eventual runner-up). Jeff Bolstad won the sprint from the chase pack to take 3rd over the technical course. Jessica DeMars made a bold early solo move and stuck with it to take the win in the women's open event. Diana Bladon and Samantha Phillips followed for 2nd and 3rd. The men's cat. 4 race was won by Devon Smibert.

Congratulations to all racers who braved Canmore's tight corners and bumpy roads. Thanks to all the downtown businesses who allowed their streets to be closed off for the afternoon - particularly to InForm Cycle for all their

organizing, and Devonian Properties for contributing to the prize purse.

The 40km ITT had a huge turnout yet again, with over 120 competitors. Strong west winds provided a challenging ride back to Canmore. Bruce Copeland yet again set the fastest time of the day with a 55:11- remarkable considering the conditions. Jessica DeMars posted the fastest women's time of the day with a 1:03:38.

14 teams contested the 6-up Team Time Trial with Bicisport taking the Men's race (again very windy) with a strong 52:34 and a composite team winning the Women's in 1:03:38

Thanks to all the hardy volunteers who gave up their weekend for this event and congratulations to Race Director Shawn Taylor for banging his head against the wall enough to make this happen. 

The ABA notes with sadness the passing of the 500 metre and 1000 meter ITTs from the Olympic track cycling schedule for the 2008 Beijing Games to make room for BMX. While sprinters still have the Match Sprint, the Olympic Sprint and the Keirin, and while the 500 and Kilo will still be on the World Championships and World Cup schedules, we'll miss the Race of Truth on the track.

Spectator- and TV-friendliness aside, there is something primal about watching an athlete muscle a bike from a

standstill up to a speed most people can hit only with a lot of gravity assist, spin madly to get speed through mid-race and then hold onto that speed for somewhat longer than the human body was designed to sustain maximum effort.

Canada has been successful in both Track and BMX events; with luck, skill and strategic accumulation of World Qualifying Points in BMX, we'll just shift our medals around from the paved to the unpaved track. 

Devon, AB, June 26, 2005, 42 km

Category 5

#	Name	Club	Age	Cat	Time	1 DNF
1	Don King	Bow Cycle	A		1:02:55	
2	James Lyon	Cycle Logic	A		1:03:07	
3	Mark Ruttiman	Pedalhead	A		1:05:16	
4	Andrew Phelps	Crankers	A		1:05:27	
5	Jeff Nielsen	Crankmasters	5		1:05:33	
6	Stan Walker	Crankmasters	5		1:05:43	
7	Karl Schnieder	EMCC	C		1:05:45	
8	Lev Krivitsky	Crankmasters	C		1:05:47	
9	Aaron Amar	Pedalhead	A		1:06:07	
10	Kyle Anderson	ERTC/redbike	5		1:06:33	
11	Scott Book	ERTC/redbike	5		1:06:37	
12	Chris Sparling	Bow Cycle	5		1:06:59	
13	Helge Halvorson	EMCC	D		1:07:12	
14	Jason McLennan	Cycle-Logic	5		1:07:44	
15	Todd Houston	Crankmasters	5		1:08:07	
16	Bogden Braun	United Cycle	B		1:08:19	
17	Michael Zelensky	Terrascope	C		1:08:23	
18	Jim Smith	Bow Cycle	C		1:08:31	
19	Glen Issac	Cycle-Logic	A		1:08:48	
20	Jacek Kasprzyk	Crankmasters	B		1:08:58	
21	Gerhard Jacobs	Crankers	A		1:09:11	
22	Sinh Chiem	United Cycle	5		1:09:19	
23	Brad Fehr	Pedalhead	A		1:09:25	
24	James Mollison	Bicisport	U17		1:09:33	
25	Tom Baribeau	United Cycle	B		1:09:34	
26	Folker Jaker	Crankmasters	5		1:09:44	
27	Gary Taylor	Crankmasters	5		1:09:51	
28	Chris Appelman	Bow Cycle	B		1:10:46	
29	Paul Broska	Crankmasters	B		1:11:05	
30	Jonathan Mayne	Pedalhead	A		1:11:21	
31	Tooraj Khalili	Crankmasters	B		1:11:55	
32	Cory Marshall		5		1:12:17	
33	Paul Kozak	ERTC/redbike	B		1:12:39	
34	Justin Middleton	Juventus	U17		1:13:14	
35	Dave Picard		B		1:13:25	
36	Neil Haggard	EMCC	C		1:13:39	
37	Sid Mckinney	EMCC	D		1:13:39	
38	Kyle Harris	Juventus	U17		1:13:59	
39	Gary Middleton	Juventus	B		1:14:18	
40	Stephen Middleton	Cycle Logic	B		1:14:36	
41	Mark Dumesnil	Pedalhead	5		1:15:07	
42	Emils Muehlenbach	Pedalhead	5		1:15:16	
43	George Berry	Velocity	B		1:16:07	
44	Ward Nicholson	Cycle Logic	A		1:16:48	
45	Doug Laver	Ind.	C		1:16:59	
46	Mark Jones	Cycle Logic	C		1:17:16	
47	John McBean	Cycle Logic	C		1:17:48	
48	Andrew Schietzsch	Juventus	U17		1:17:54	
49	Lance Harris	Juventus	JR		1:18:27	
50	Darryl Lem	Cycle Logic	A		1:18:48	
51	Patrick Hodgkinton	Crankmasters	D		1:19:39	
52	Danial Richter	Velocity	A		1:20:00	
53	Terry Andrichuk	Bow Cycle	C		1:20:32	
54	Jim Oldham	Crankmasters	D		1:20:57	
55	David Larson	Juventus	U17		1:21:25	
56	Jon Billheimer	EMCC	D		1:22:07	
57	Mark Keenan	Juventus	B		1:24:24	
58	Micheal Sweet	United Cycle	C		1:25:09	
59	Stuart Hutchings	United Cycle	C		1:26:45	
60	Geoff Broadbent	EMCC	E		1:28:00	
61	Dennis Cebuliak	United Cycle	C		1:33:57	

Woman A

1	Susan Copeland	Juventus	A		1:04:14	
2	Nancy Burden	Juventus	B		1:05:09	
3	Gail Wozney	Juventus	B		1:08:29	
4	Colleen Baldwin	Pedalhead	WA		1:12:21	
5	Alison Testroete	Bow Cycle	WA		1:12:32	

Category 4

1	Kenneth Reiss	Pedalhead	A		1:01:37	1 DNF
2	Wayne Long	United Cycle	C		1:02:17	
3	Wayne Gilles	TRS	4		1:02:40	
4	Paul Robertson	Terrascope	4		1:03:10	
5	Zane Westerbeek	Synergy	4		1:03:31	
6	Tracy Scheerer	Juventus	B		1:03:39	
7	Nick Andrichuk	Bow Cycle	JR		1:04:48	
8	Peter Heppleston	EMCC	C		1:05:05	
9	LeRoy Brower	Pedalhead	4		1:05:23	
10	Don Fox	Juventus	B		1:05:25	
11	Mark Rumsey	Hardcore	A		1:06:25	
12	Dennis Anderson	Pedalhead	A		1:06:25	
13	Paul Ignatiuk	ERTC/redbike	4		1:06:46	
14	Murry Aubin	ERTC/redbike	4		1:07:15	
15	Jan Sacharuk	Pedalhead	4		1:07:25	
16	Greg Yanicki	Bicisport	4		1:08:29	
17	Barry Evans	Juventus	D		1:12:00	
18	Miles Marshal	ERTC/redbike	4		1:12:31	
19	Allan Plesniarski	Juventus	4		1:17:51	
20	Steven Baker	United Cycle	A		1:19:59	
21	Bill Blonski	Bicisport	4		1:20:19	

Category 3

						1 DNF
1	Devon Smbibert	Synergy	3		58:44	
2	John Impey	Bow Cycle	3		1:00:53	
3	John Riess	Pedalhead	B		1:01:35	
4	Andy Achuff	Pedalhead	A		1:01:45	
5	Frank Kovacs	Synergy	3		1:02:11	
6	Tim Bulger	ERTC/redbike	3		1:02:31	
7	Bob Burden	Juventus	B		1:02:37	
8	Jason Frank	CABC	A		1:02:41	
9	Keith Bayly	Deadgoat	A		1:03:52	
10	Bob McKerral	CABC	A		1:03:54	
11	Dennis Bland	Crankmasters	A		1:03:55	
12	Aaron Chappel	ERTC/redbike	3		1:03:57	
13	Dave Ellis	Pedalhead	A		1:04:11	
14	Mike Bidniak	Juventus	JR		1:04:14	
15	Jack Van Dyke	Terrascope	3		1:04:24	
16	Steve Elm	Bow Cycle	3		1:04:29	
17	Rich Schafenacker	Cycle-Logic	B		1:06:01	
18	Brian Kullman	Synergy	3		1:08:34	

Woman B

1	Bobbi Barbarich	United Cycle	WB		1:08:00	1 DNF
2	Pepper Harlton	Dirt Girls	WB		1:08:58	
3	Carolyn Soules	Crankmasters	B		1:11:40	
4	Rachel Gurney	Crankmasters	A		1:12:24	
5	Kristy lerch	Juventus	A		1:13:17	
6	Evelyn Diduch	Cycle-Logic	A		1:14:24	
7	Linda D'illo	Juventus	B		1:14:39	
8	Marie Kaplan	Juventus	C		1:16:52	
9	Elizabeth Hoepfner		WB		1:17:30	
10	Cindy Brewster	Cycle-Logic	A		1:17:39	
11	Karen Cameron	Crankmasters	C		1:19:00	
12	Gail Kuzminski	Cycle-Logic	B		1:19:06	
13	Val Trainer	Juventus	B		1:26:30	
14	Michel Robinson	Cycle-Logic	A		1:28:18	
15	Rita Richter	Velocity	B		1:30:34	

Category 1&2

						1 DNF
1	Bruce Copeland	Juventus	B		55:41	
2	James Sparling	Bicisport	2		56:35	
3	Trevor Gunderson	Bicisport	2		57:42	
4	Kevin Rokosh	ERTC/redbike	A		58:41	
5	Peter Toth	ERTC/redbike	B		58:47	
6	Zbigniew Szymanski	United Cycle	B		59:23	
7	Chris Reid	Team Coastal	2		59:30	
8	Jeff Sparling	Bow Cycle	2		59:42	
9	Reid Daglieish	Synergy	A		1:00:18	
10	Nick Friesen	Bike Shop	2		1:00:41	
11	John Twells	Pedalhead	2		1:01:37	
12	David Ariano	ERTC/redbike	B		1:02:19	
13	Shaun Adamson	United Cycle	2		1:05:37	
14	Rob Simpson	ERTC/redbike	2		1:09:00	

Mac Garvin (974, Black Sheep, UISM), Hilary Ebbem (463, Black Sheep, UI7SW) and Eric Johnson (1005, UISM) take advantage of the feed zone at the Accept the Challenge XC.



Tom Steenaerts took a break from the photofinish camera to take some (extra)ordinary camera shots of the racing in Canmore. Here, Jere Hu (ERTC/redbike) and Jeff Bolstad (TRS Racing) dive into the corner.



PHOTO STEENAERTS





Some of my fave pix from 2004. Opposite: Paul MacDonald (l, United Cycle) and Steve Mundy (ERTC/redbike) get away from the Cat 3 pack at the 2004 Leva Crit in the Garneau neighbourhood of Edmonton. Above Nola Zwarich (l, Bianchi/The Bike Shop) and Stephanie Roorda (Synergy) haul their bikes through the snow at the 2004 Cyclo-cross Provincials in Canmore.

Synergy Racing presents the Prairie Steamer Stage Race

Cochrane, Calgary June 11-12, 2005

GC #	Name	Club	RR #	Time	pts	HC #	time	pts	GC pts
Cat 1&2			2 DNF						
1	Nick Friesen	The Bike Shop	1	3:30:30	35	2	2:23.4	32	67
2	Dan Skinner	EliteWave.com	8	3:39:07	17	1	2:21.1	35	52
3	Nick Jendzjowsky	Pedalhead RW/Sleeman	4	3:34:00	26	7	2:32.3	19	45
4	Peter Lawrence	Team Pusch	7	3:39:05	19	5	2:26.5	23	42
5	John Bence	bicisport	6	3:37:40	21	6	2:28.9	21	42
6	Felix Haspel	Synergy	11	3:45:50	11	4	2:25.4	26	37
7	Peter Toth	ERTC/redbike	5	3:35:09	23	11	2:35.0	11	34
8	Neal Stoughton	Simple Green/Volvo	2	3:30:35	32	dns			32
9	James Sparling	bicisport	dnf			3	2:25.3	29	29
10	Matt Decore	Pedalhead RW/Sleeman	3	3:30:45	29	dns			29
11	Shaun Adamson	United Cycle	10	3:45:47	13	10	2:34.6	13	26
12	Shawn Taylor	RMCC	9	3:45:40	15	13	2:48.5	8	23
13	Geoff Johns	The Bike Shop	14	3:51:00	7	9	2:32.8	15	22
14	Harlee Borlee	Velocity	12	3:48:05	9	12	2:41.5	9	18
15	Jeff Sparling	CMC/Bow Cycle	dnf			8	2:32.4	17	17
16	Kevin Rokosh	ERTC/redbike	13	3:49:05	8	14	2:50.3	7	15
Women A & B			1 DNF						
1A	Alison Testroete	CMC/Bow Cycle	2	2:33:57	32	1	2:47.5	35	67
2A	Laura Brown	CMC/Bow Cycle	1	2:33:57	35	2	2:51.2	32	67
3B	Pepper Harlton	Dirt Girls	5	2:34:10	23	3	2:52.6	29	52
4B	Bobbi Barbarich	United Cycle	4	2:34:06	26	7	3:07.3	17	43
5A	Amy Woodward	CMC/Bow Cycle	7	2:34:12	19	4	2:54.1	23	42
6A	Kristin Campbell	Pedalhead RW/Sleeman	6	2:34:12	21	5	3:02.2	21	42
7A	Kathy White	CMC/Bow Cycle	11	2:34:51	11	6	3:06.9	19	30
8A	Nikki Lavoie	Juventus	3	2:33:57	29	dns			29
9B	Joanne Breau	bicisport	12	2:35:15	9	8	3:10.9	15	24
10A	Nola Zwarich	The Bike Shop	10	2:34:41	13	10	3:23.9	11	24
11A	Leslie Schlebach	bicisport	15	2:46:38	6	9	3:23.2	13	19
12A	Heather Oswald	ERTC/redbike	8	2:34:20	17	dns			17
13B	Susan Blum	Cycledelia	14	2:38:07	7	11	3:26.8	9	16
14A	Jessica DeMars	The Bike Shop	9	2:34:24	15	dns			15
15A	Lisa Bove	bicisport	16	2:56:18	5	12	3:41.0	8	13
16B	Natasha Kuzmak	Synergy	13	2:37:47	8	dns			8
17B	Jennette Allum	Ridley's	17	3:06:54	4	dns			4
Cat 4			2 DNF						
1	Cyrus Kangarloo	Synergy	2	2:10:48	32	1	2:16.9	35	67
2	Spencer Smitheman	Juventus	3	2:11:29	29	3	2:23.4	29	58
3	Leroy Brower	Pedalhead RW/Sleeman	5	2:11:29	23	5	2:31.8	23	46
4	Aaron Chappell	ERTC/redbike	4	2:11:29	26	8	2:34.0	17	43
5	Frank Woolstencroft	TRS	1	2:10:34	35	16	2:45.5	5	40
6	Keith Bayly	Deadgoat	16	2:11:59	5	2	2:20.7	32	37
7	Erik Bakke	Deadgoat	7	2:11:29	19	10	2:35.5	13	32
8	Rod MacAlistair	Calgary Crankmasters	6	2:11:29	21	13	2:41.5	8	29
9	Myles Marshall	ERTC/redbike	23	2:18:18		4	2:29.7	26	26
10	Tim Brewster	9th Street Cycle-logic	8	2:11:29	17	15	2:43.2	6	23
11	Wayne Giles	TRS	22	2:13:54		6	2:33.3	21	21
12	Geoff Clark	Deadgoat	15	2:11:59	6	9	2:34.8	15	21
13	Craig Fraser	Calgary Cycle	21	2:13:38		7	2:33.4	19	19
14	Kevin Walsh	Calgary Crankmasters	11	2:11:29	11	14	2:42.6	7	18
15	Rob Reid	Calgary Crankmasters	9	2:11:29	15	25	2:54.9	1	16
16	Don Fox	Juventus	10	2:11:29	13	23	2:53.2		13
17	Reid Cummings	CMC/Bow Cycle	dnf			11	2:35.7	11	11
18	Henry Yau	Deadgoat	31	2:30:53		31	3:04.0	11	11
19	Paul Ignatiuk	ERTC/redbike	20	2:13:19	1	12	2:40.7	9	10
20	Carlos Salas	TRS	12	2:11:29	9	22	2:51.2		9
21	Mike Prinz	Independent	13	2:11:52	8	dns			8
22	Tracey Shearer	Juventus	14	2:11:53	7	21	2:51.2		7
23	Dan Hunka	Juventus	30	2:28:34		17	2:46.0	4	4
24	Stan McGee	Rundle Mountain CC	17	2:12:31	4	28	3:02.5		4
25	Evan Firth-Eagland	bicisport	24	2:18:18		18	2:46.5	3	3
26	Ed Gillmor	Synergy	19	2:12:46	2	20	2:50.5	1	3
27	Steve Schiefler	Calgary Cycle	dnf			19	2:48.0	2	2
28	Roger Blum	Cycledelia	29	2:24:08		24	2:53.3		
29	Claude Breau	bicisport	27	2:18:45		26	2:59.6		
30	John Cadman	Eurotech	26	2:18:28		27	2:59.8		
31	Jan Sacharuk	Pedalhead RW/Sleeman	dnf			29	3:02.9		
32	Paul Ermantrout	Velocity	28	2:20:53		30	3:03.5		
33	Derrill Shuttleworth	Pedalhead RW/Sleeman	dnf			32	3:12.0		
34	Bill Blonski	bicisport	32	2:56:28		33	4:25.0		
35	John Talgiamonte	Velocity	25	2:18:18		dns			

Cat 3

GC			2 DNF			RR			HC			GC		
#	Name	Club	#	Time	pts	#	Time	pts	#	Time	pts	#	Time	pts
1	Mike Bidniak	Juventus	1	2:05:54	35	5	2:28.6	23	58					
2	Neill Banner	CMC/Bow Cycle	6	2:06:00	21	1	2:18.9	35	56					
3	Brian Bain	CMC/Bow Cycle	5	2:06:00	23	2	2:23.1	32	55					
4	Devon Smibert	Synergy	11	2:06:00	11	3	2:27.9	29	40					
5	Stephen Ferris	ERTC/redbike	3	2:05:54	29	13	2:36.8	8	37					
6	Tim Bulger	ERTC/redbike	2	2:05:54	32	16	2:37.3	5	37					
7	Evan Wick	CMC/Bow Cycle	7	2:06:00	19	8	2:31.3	17	36					
8	Brian Zurek	Pedalhead RW/Sleeman	4	2:06:00	26	15	2:37.2	6	32					
9	Kyle Marcotte	Way Past Fast	12	2:06:00	9	6	2:29.8	21	30					
10	Dennis Bland	Calgary Crankmasters	9	2:06:00	15	10	2:34.1	13	28					
11	Eric Smith	CMC/Bow Cycle	dnf			4	2:28.4	26	26					
12	Tommy Mak	Eurotech	8	2:06:00	17	12	2:36.0	9	26					
13	Devin Erfle	Deadgoat	15	2:08:00	6	9	2:32.1	15	21					
14	James Ritchie	Deadgoat	24	2:16:16		7	2:31.2	19	19					
15	David Watson	Velocity	10	2:06:00	13	17	2:38.0	4	17					
16	Sean Walsh	CMC/Bow Cycle	27	2:20:56		11	2:34.4	11	11					
17	Brian Robinson	CMC/Bow Cycle	13	2:06:00	8	dns			8					
18	Orest Massitti	bicisport	22	2:10:26		14	2:37.1	7	7					
19	Jonathan Nutbrown	The Bike Shop	14	2:06:00	7	dns			7					
20	Craig Borgland	bicisport	18	2:09:43	3	18	2:39.4	3	6					
21	Nick Andrichuk	CMC/Bow Cycle	16	2:09:33	5	dns			5					
22	Anthony Stadnyk	bicisport	19	2:09:43	2	19	2:39.6	2	4					
23	Paul MacDonald	United Cycle	17	2:09:38	4	dns			4					
24	Dan Bierd	bicisport	28	2:23:28		20	2:41.2	1	1					
25	Michael Johns	CABC/Projekt 1	20	2:09:49.1		22	2:45.8		1					
26	John Impey	CMC/Bow Cycle	21	2:09:53		21	2:44.6							
27	Phil Rayner	Calgary Crankmasters	23	2:10:26		23	2:47.9							
28	Andrew Gage	Eurotech	dnf			24	2:50.0							
29	Mike Cavaliere	Rundle Mountain CC	25	2:16:16		dns			dns					
30	Marc Freemantle	Independent	26	2:16:29		dns			dns					
31	Shawn Farion	bicisport	29	2:24:16		dns			dns					

Cat 5

GC			RR			HC			Kilo			GC		
#	Name	Club	#	Time	pts	#	Time	pts	#	Time	pts	#	Time	pts
1	Zane Westerbeek	Synergy	2	1:30:10	32	1	2:34.4	35	6	1:21.4	21	88		
2	Mark Beese	Rundle Mountain CC	10	1:30:10	13	2	2:35.3	32	1	1:18.7	35	80		
3	Brad Vanderveen	Velocity	1	1:30:10	35	4	2:39.8	26	13	1:24.9	8	69		
4	Aaron Amar	Pedalhead RW/Sleeman	4	1:30:10	26	7	2:41.5	19	7	1:21.6	19	64		
5	Mark Dumesnil	Pedalhead RW/Sleeman	9	1:30:10	15	6	2:40.6	21	10	1:23.6	13	49		
6	Paul Plakas	Pedalhead	8	1:30:10	17	8	2:46.4	17	9	1:22.8	15	49		
7	Neal Gregory	CMC/Bow Cycle	28	1:32:00		10	2:50.3	13	2	1:20.3	32	45		
8	Craig Schmitt	Independent	3	1:30:10	29	14	2:53.0	7	12	1:24.4	9	45		
9	Koen Raedschelders	Independent	22	1:30:10		9	2:48.6	15	3	1:20.5	29	44		
10	Bruce Wick	CMC/Bow Cycle	6	1:30:10	21	12	2:51.4	9	15	1:25.3	6	36		
11	Peter Farran	Calgary Crankmasters	11	1:30:10	11	5	2:40.2	23	dns			34		
12	Adam Boyko	Team Pusch	16	1:30:10	5	21	3:03.9	1	4	1:20.9	26	32		
13	Eric McGee	Rundle Mountain CC	34	1:47:42		3	2:39.5	29	23	1:28.1		29		
14	Lance Adamson	United Cycle	7	1:30:10	19	22	3:03.9		17	1:25.5	4	23		
15	Chris Appelman	CMC/Bow Cycle	30	1:38:11		30	3:27.6		5	1:21.2	23	23		
16	Jason Proche	Pedalhead RW/Sleeman	5	1:30:10	23	dns			dns			23		
17	James Lyon	9th Street Cycle-logic	12	1:30:10	9	13	2:51.9	8	15	1:25.3	5	22		
18	Gordon Allan	Synergy	19	1:30:10	2	19	2:58.1	2	8	1:22.6	17	21		
19	Scott Book	ERTC/redbike	13	1:30:10	8	11	2:50.5	11	26	1:29.7		19		
20	Andrew Tomassini	The Bike Shop	31	1:38:40		15	2:53.5	6	11	1:24.3	11	17		
21	Conrad Quist	ERTC/redbike	20	1:30:10	1	16	2:53.8	5	14	1:25.2	7	13		
22	Jason Buijs	Eurotech	15	1:30:10	6	17	2:54.3	4	20	1:26.1	1	11		
23	Lindsay Dodd	9th Street Cycle-logic	14	1:30:10	7	24	3:12.1		21	1:26.8		7		
24	Chris McCue	Deadgoat	18	1:30:10	3	26	3:14.0		19	1:26.0	2	5		
25	Adlai Majer	Independent	17	1:30:10	4	dns			dns			4		
26	Folker Jakel	Calgary Crankmasters	21	1:30:10		18	2:56.2	3	22	1:27.2		3		
27	Doug Urness	CABC/Projekt 1	25	1:30:10		29	3:23.9		18	1:25.9	3	3		
28	Robert Woolley	CMC/Bow Cycle	38	1:52:21		23	3:05.6		27	1:32.3				
29	Sean Alexander	Synergy	32	1:44:10		25	3:13.0		28	1:32.7				
30	Andrew Schietzsch	Juventus	35	1:48:18		27	3:20.0		25	1:29.5				
31	Robert Barfuss	Headwinds	29	1:34:00		28	3:21.3		31	1:35.3				
32	Brian Wipf	Independent	33	1:47:00		31	3:30.8		24	1:28.5				
33	Paul Kozak	ERTC/redbike	24	1:30:10		32	3:42.1		30	1:33.3				
34	John Bereczki	bicisport	40	1:58:10		33	4:04.9		33	1:37.0				
35	Stan Rachar	Calgary Crankmasters	36	1:49:33		34	4:13.7		29	1:33.1				
36	Brayden McDougall	bicisport	37	1:51:24		dns			32	1:35.3				
37	Myron Stadnyk	bicisport	43	2:00:18		dns			dns					
38	Lisa Stowe	bicisport	42	2:00:00		dns			dns					
39	Terry Andrichuk	CMC/Bow Cycle	41	1:59:03		dns			dns					
40	George Berry	Velocity	39	1:57:37		dns			dns					
41	Jonathan Mayne	Pedalhead RW/Sleeman	27	1:30:30		dns			dns					
42	Mark Ruttiman	Pedalhead RW/Sleeman	26	1:30:30		dns			dns					
43	Brian Maitland	bicisport	23	1:30:10		dns			dns					

On October 6, 2004 in Calgary, the Alberta Olympic and Paralympic athletes and coaches from the Athens Olympic Summer Games were honoured. In all, 52 athletes and coaches were recognized.

The Paralympians honoured included Stephen Burke (Cycling - Coach) and, Bruce Penner (Wheelchair Cycling). Among the Olympians honoured was Lori-Ann Muenzer (Cycling).

Yet more congrats to Olympic Gold medalist Lori-Ann Muenzer (Juventus) for receiving the Bobbie Rosenfeld award as the female athlete of the year for 2004. When you see her, thank her for being an inspiration. Bobbie Rosenfeld was a track runner named female athlete of the half century in 1950.

Lori-Ann also joins people like Diane Jones-Konihowski (Olympic pentathlon), Sandy Jacobson (marathon) and Susan Natrass (trap shooting) as ambassadors for the World Masters Games.

www.2005worldmasters.com.

To the above add inclusion on the Canadian Association for the Advancement of Women in Sport and Physical Activity's (CAAWS) list of most influential women in sport. Way to go Lorie-Ann!

Also On the CAAWS list is Dru Marshal, Associate Dean of Phys Ed and Rec at the Uof A. Ms. Marshall notes that neighbourhood design that eschews the simple direct access of Edmonton's traditional Cartesian grid (i.e. a tangled mess of culs-de-sac) deters people from walking by making it difficult to get to and from places that are quite close as the magpie flies. Similar sentiments are at <http://www.goforgreen.ca/provinces&territories/AB/pdf/TakingSteps-Aug2004.pdf>

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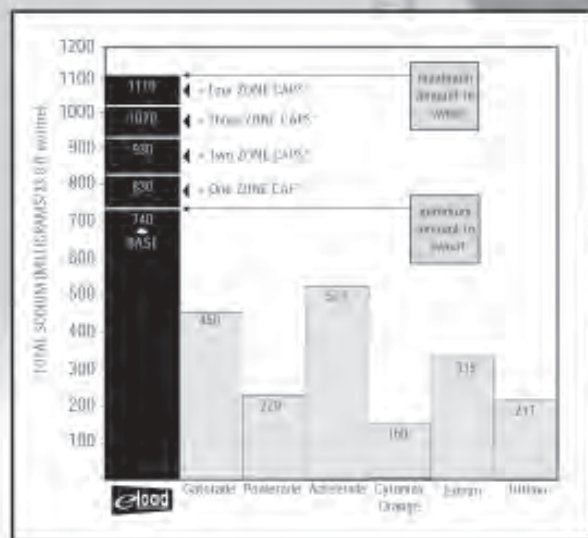


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On the cover: Brett Gundlock (Lethbridge BMX) catches riders in action at the Morley indoor BMX track this spring.