



# **ABA “Before and After” Lean to Race Cyclocross Clinic**

**Edmonton, AB**

**September 13<sup>th</sup> & 14<sup>th</sup> , 2010**

**Monday: 6-8pm**

**Tuesday: 6-7pm, followed by a United  
Cycle Tuesday Night cyclocross race.**

**Location:**

**[Gold Bar Park](#)**

**The clinic will be lead by NCCP certified coaches and  
cover basic riding techniques; dismounts,  
shouldering , cornering, braking & looking good.**

**Cost: Priceless.....☺**

**\$20, (\$55 if you are not an ABA general member or part of  
an affiliated club). Register via [Karelo.com](#)**

**\*15 spots available.**

**Questions? email:**

**[cam@albertabicycle.ab.ca](mailto:cam@albertabicycle.ab.ca)**

